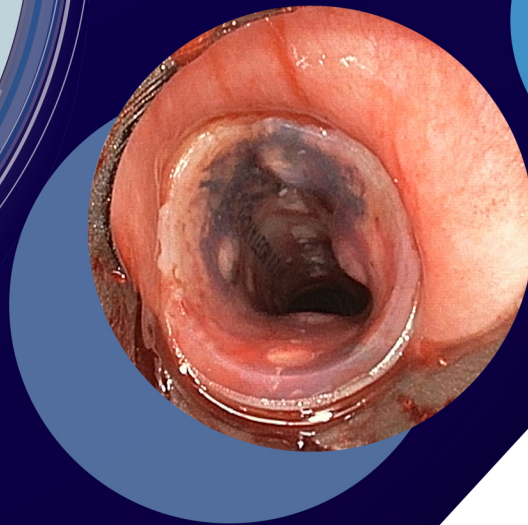
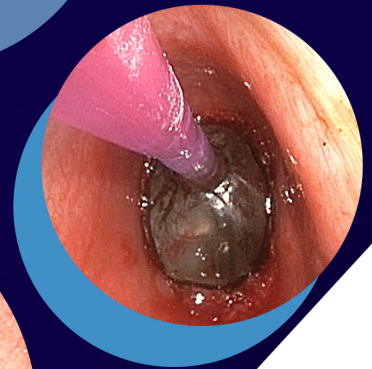
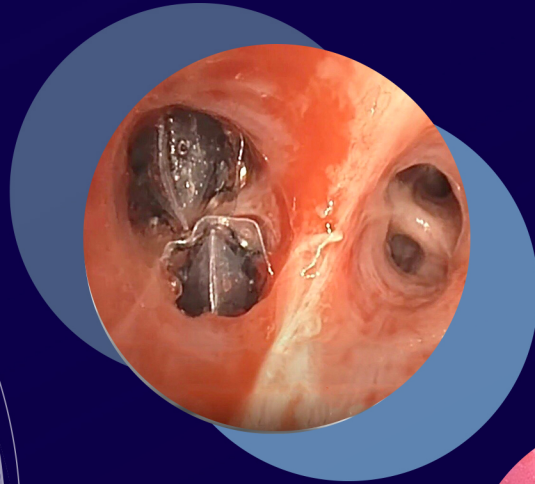
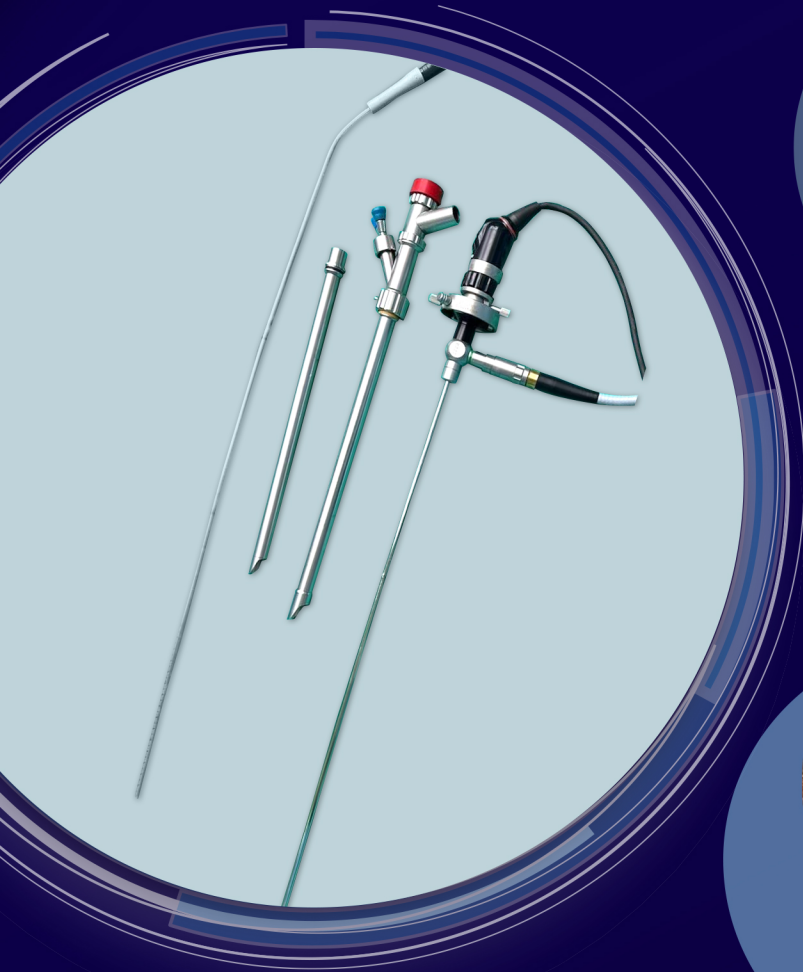




# A CASE-BASED APPROACH TO INTERVENTIONAL PULMONOLOGY: A FOCUS ON ASIAN PERSPECTIVES



Editors:  
**Jamalul Azizi Abdul Rahaman**  
**Tinku Joseph**

**Bentham Books**

# **A Case-Based Approach to Interventional Pulmonology: A Focus on Asian Perspectives**

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# CONTENTS

<b>FOREWORD</b> .....	i
<b>PREFACE</b> .....	iii
<b>ACKNOWLEDGEMENTS</b> .....	v
<b>LIST OF CONTRIBUTORS</b> .....	vi
<b>LIST OF ABBREVIATIONS</b> .....	x
<b>SECTION A DIAGNOSTIC INTERVENTIONAL PULMONOLOGY</b>	
<b>CASE 1 LINEAR EBUS</b> .....	1
<i>Tay Chee Kiang Melvin, Soo Chun Ian and Anantham Devanand</i>	
<b>Presentation</b> .....	1
<b>Comorbidities</b> .....	1
<b>Chest Imaging</b> .....	1
<b>Intervention</b> .....	2
<b>Complications</b> .....	2
<b>Post-Intervention</b> .....	3
<b>Learning Points</b> .....	5
<b>Video</b> .....	5
<b>CONSENT FOR PUBLICATION</b> .....	5
<b>CONFLICT OF INTEREST</b> .....	5
<b>ACKNOWLEDGEMENT</b> .....	5
<b>REFERENCE</b> .....	6
<b>CASE 2 SYSTEMATIC APPROACH TO MEDIASTINAL NODE STAGING WITH LINEAR EBUS</b> .....	7
<i>Hema Yamini Ramarmuty</i>	
<b>Presentation</b> .....	7
<b>Comorbidities</b> .....	7
<b>Chest Imaging</b> .....	7
<b>Intervention</b> .....	7
<b>EBUS-TBNA Procedural Steps</b> .....	8
<b>Complications</b> .....	9
<b>Post-Intervention</b> .....	9
<b>Learning Points</b> .....	11
<b>Video</b> .....	12
<b>CONSENT FOR PUBLICATION</b> .....	12
<b>CONFLICT OF INTEREST</b> .....	12
<b>ACKNOWLEDGEMENT</b> .....	12
<b>REFERENCES</b> .....	12
<b>CASE 3 LINEAR EBUS: CAN ULTRASONOGRAPHIC FEATURES OF THE LYMPH NODES BE USED TO PREDICT MALIGNANCY?</b> .....	13
<i>Hema Yamini Ramarmuty</i>	
<b>Presentation</b> .....	13
<b>Comorbidities</b> .....	13
<b>Chest Imaging</b> .....	13
<b>Intervention</b> .....	13
<b>Complications</b> .....	14
<b>Post-Intervention</b> .....	14
<b>Learning Points</b> .....	17
<b>CONSENT FOR PUBLICATION</b> .....	18
<b>CONFLICT OF INTEREST</b> .....	18
<b>ACKNOWLEDGEMENT</b> .....	18
<b>REFERENCE</b> .....	18

<b>CASE 4 HOW TO DEAL WITH MUSH – TACKLING THE NECROTIC LYMPH NODE DURING ENDOBRONCHIAL ULTRASOUND-GUIDED TRANSBRONCHIAL NEEDLE ASPIRATION?</b> .....	19
<i>Tay Chee Kiang Melvin, Soo Chun Ian and Anantham Devanand</i>	
<b>Presentation</b> .....	19
<b>Comorbidities</b> .....	19
<b>Chest Imaging</b> .....	19
<b>Intervention</b> .....	20
<b>Complications</b> .....	20
<b>Post-Intervention</b> .....	20
<b>Learning Points</b> .....	21
<b>Video</b> .....	22
<b>CONSENT FOR PUBLICATION</b> .....	22
<b>CONFLICT OF INTEREST</b> .....	22
<b>ACKNOWLEDGEMENT</b> .....	22
<b>REFERENCE</b> .....	22
<b>CASE 5 ENDOSCOPIC ULTRASOUND WITH BRONCHOSCOPE-GUIDED FINE NEEDLE ASPIRATION CASE SERIES</b> .....	23
<i>Soo Chun Ian, Tay Chee Kiang Melvin and Anantham Devanand</i>	
<b>Case A Presentation</b> .....	23
<b>Comorbidities</b> .....	23
<b>Chest Imaging</b> .....	23
<b>Intervention</b> .....	24
<b>Complications</b> .....	25
<b>Post-Intervention</b> .....	25
<b>Case B Presentation</b> .....	25
<b>Comorbidities</b> .....	25
<b>Chest Imaging</b> .....	25
<b>Intervention</b> .....	25
<b>Complications</b> .....	26
<b>Post-Intervention</b> .....	26
<b>Case C Presentation</b> .....	26
<b>Comorbidities</b> .....	27
<b>Chest Imaging</b> .....	27
<b>Intervention</b> .....	27
<b>Complications</b> .....	28
<b>Post-Intervention</b> .....	28
<b>Learning Points</b> .....	28
<b>Video</b> .....	28
<b>CONSENT FOR PUBLICATION</b> .....	29
<b>CONFLICT OF INTEREST</b> .....	29
<b>ACKNOWLEDGEMENT</b> .....	29
<b>REFERENCES</b> .....	29
<b>CASE 6 LINEAR EBUS GUIDED TRANS-VASCULAR NEEDLE ASPIRATION (EBUS-TVNA)</b> .....	30
<i>Tinku Joseph and Sathish C. Reddy</i>	
<b>Presentation</b> .....	30
<b>Comorbidities</b> .....	30
<b>Chest Imaging</b> .....	30
<b>Intervention</b> .....	32
<b>Complications</b> .....	33
<b>Post-Intervention</b> .....	33
<b>Learning Points</b> .....	34
<b>CONSENT FOR PUBLICATION</b> .....	34
<b>CONFLICT OF INTEREST</b> .....	34
<b>ACKNOWLEDGEMENT</b> .....	34

REFERENCE .....	34
<b>CASE 7 RADIAL EBUS</b> .....	35
<i>Kho Sze Shyang, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
<b>Presentation</b> .....	35
<b>Comorbidities</b> .....	35
<b>Chest Imaging</b> .....	35
<b>Intervention</b> .....	35
<b>Complications</b> .....	36
<b>Post-Intervention</b> .....	36
<b>Learning Points</b> .....	38
<b>CONSENT FOR PUBLICATION</b> .....	38
<b>CONFLICT OF INTEREST</b> .....	38
<b>ACKNOWLEDGEMENTS</b> .....	38
<b>REFERENCE</b> .....	38
<b>CASE 8 RADIAL ENDOBRONCHIAL ULTRASOUND GUIDED TRANSBRONCHIAL BIOPSY OF SPN</b> .....	39
<i>Kho Sze Shyang, Suhashini Ganapaty, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
<b>Presentation</b> .....	39
<b>Comorbidities</b> .....	39
<b>Chest Imaging</b> .....	39
<b>Intervention</b> .....	39
<b>Complications</b> .....	40
<b>Post-Intervention</b> .....	40
<b>Learning Points</b> .....	42
<b>CONSENT FOR PUBLICATION</b> .....	42
<b>CONFLICT OF INTEREST</b> .....	43
<b>ACKNOWLEDGEMENTS</b> .....	43
<b>REFERENCE</b> .....	43
<b>CASE 9 MANUAL BRONCHIAL BRANCH READING TECHNIQUE IN THE LOCALIZATION OF PERIPHERAL PULMONARY LESION</b> .....	44
<i>Kho Sze Shyang and Tie Siew Teck</i>	
<b>Presentation</b> .....	44
<b>Comorbidities</b> .....	44
<b>Chest Imaging</b> .....	44
<b>Intervention</b> .....	44
<b>Complications</b> .....	46
<b>Post-Intervention</b> .....	46
<b>Learning Points</b> .....	47
<b>CONSENT FOR PUBLICATION</b> .....	48
<b>CONFLICT OF INTEREST</b> .....	48
<b>ACKNOWLEDGEMENT</b> .....	48
<b>REFERENCES</b> .....	48
<b>CASE 10 USG CHEST &amp; GUIDED PROCEDURES</b> .....	49
<i>Muhammad Redzwan S. Rashid Ali</i>	
<b>Presentation</b> .....	49
<b>Comorbidities</b> .....	49
<b>Chest Imaging</b> .....	49
<b>Intervention</b> .....	49
<b>Complications</b> .....	50
<b>Post-Intervention</b> .....	50
<b>Learning Points</b> .....	51
<b>Video</b> .....	51
<b>CONSENT FOR PUBLICATION</b> .....	51
<b>CONFLICT OF INTEREST</b> .....	51
<b>ACKNOWLEDGEMENTS</b> .....	51
<b>REFERENCE</b> .....	51



<b>CASE 11 CHEST WALL AND PLEURAL LESION WITH ULTRASOUND ASSISTED PERCUTANEOUS BIOPSY</b> .....	52
<i>Muhammad Redzwan S. Rashid Ali</i>	
<b>Presentation</b> .....	52
<b>Comorbidities</b> .....	52
<b>Chest Imaging</b> .....	52
<b>Intervention</b> .....	53
<b>Complications</b> .....	53
<b>Post-Intervention</b> .....	53
<b>Learning Points</b> .....	54
<b>Video</b> .....	54
<b>CONSENT FOR PUBLICATION</b> .....	54
<b>CONFLICT OF INTEREST</b> .....	54
<b>ACKNOWLEDGEMENTS</b> .....	54
<b>REFERENCE</b> .....	54
<b>CASE 12 LUNG MASS WITH ULTRASOUND GUIDED PERCUTANEOUS BIOPSY</b> .....	55
<i>Muhammad Redzwan S. Rashid Ali</i>	
<b>Presentation</b> .....	55
<b>Comorbidities</b> .....	55
<b>Chest Imaging</b> .....	55
<b>Intervention</b> .....	55
<b>Complications</b> .....	56
<b>Post-Intervention</b> .....	56
<b>Learning Points</b> .....	57
<b>Video</b> .....	57
<b>CONSENT FOR PUBLICATION</b> .....	57
<b>CONFLICT OF INTEREST</b> .....	58
<b>ACKNOWLEDGEMENTS</b> .....	58
<b>REFERENCE</b> .....	58
<b>CASE 13 ULTRASOUND GUIDED PERCUTANEOUS BIOPSY OF MEDIASTINAL MASS</b> .....	59
<i>Muhammad Redzwan S. Rashid Ali</i>	
<b>Presentation</b> .....	59
<b>Comorbidities</b> .....	59
<b>Chest Imaging</b> .....	59
<b>Intervention</b> .....	59
<b>Complications</b> .....	59
<b>Post-Intervention</b> .....	60
<b>Learning Points</b> .....	62
<b>Video</b> .....	62
<b>CONSENT FOR PUBLICATION</b> .....	62
<b>CONFLICT OF INTEREST</b> .....	62
<b>ACKNOWLEDGEMENTS</b> .....	62
<b>REFERENCE</b> .....	62
<b>CASE 14 ULTRASOUND GUIDED PERCUTANEOUS TRUCUT BIOPSY OF CHEST WALL MASS</b> .....	63
<i>Tie Siew Teck and Chai Chan Sin</i>	
<b>Presentation</b> .....	63
<b>Comorbidities</b> .....	63
<b>Chest Imaging</b> .....	63
<b>Intervention</b> .....	63
<b>Complications</b> .....	64
<b>Post-Intervention</b> .....	64
<b>Learning Points</b> .....	67
<b>CONSENT FOR PUBLICATION</b> .....	67
<b>CONFLICT OF INTEREST</b> .....	67

ACKNOWLEDGEMENT .....	67
REFERENCE .....	67
<b>CASE 15 NAVIGATION BRONCHOSCOPY (BIOPSY, DYE MARKING, FIDUCIAL MARKING)</b> .....	68
<i>Joyce W.Y. Chan, Rainbow W.H. Lau and Calvin S.H. Ng</i>	
<b>Presentation</b> .....	68
<b>Comorbidities</b> .....	68
<b>Chest Imaging</b> .....	68
<b>Intervention</b> .....	68
<b>Complications</b> .....	69
<b>Post-Intervention</b> .....	69
<b>Learning Points</b> .....	70
<b>Video</b> .....	70
<b>CONSENT FOR PUBLICATION</b> .....	70
<b>CONFLICT OF INTEREST</b> .....	71
<b>ACKNOWLEDGEMENT</b> .....	71
<b>REFERENCES</b> .....	71
<b>CASE 16 ELECTROMAGNETIC NAVIGATION BRONCHOSCOPY LUNG NODULE DYE-MARKING FOR RE-DO THORACOSCOPIC SURGERY</b> .....	72
<i>Joyce W.Y. Chan, Rainbow W.H. Lau and Calvin S.H. Ng</i>	
<b>Presentation</b> .....	72
<b>Comorbidities</b> .....	72
<b>Chest Imaging</b> .....	72
<b>Intervention</b> .....	72
<b>Complications</b> .....	73
<b>Post-Intervention</b> .....	73
<b>Learning Points</b> .....	74
<b>Video</b> .....	74
<b>CONSENT FOR PUBLICATION</b> .....	75
<b>CONFLICT OF INTEREST</b> .....	75
<b>ACKNOWLEDGEMENT</b> .....	75
<b>REFERENCES</b> .....	75
<b>CASE 17 ROBOTIC BRONCHOSCOPY</b> .....	76
<i>Kyle Potts and D. Kyle Hogarth</i>	
<b>Presentation</b> .....	76
<b>Comorbidities</b> .....	76
<b>Chest Imaging</b> .....	76
<b>Intervention</b> .....	76
<b>Complications</b> .....	77
<b>Post-Intervention</b> .....	77
<b>Learning Points</b> .....	78
<b>Videos</b> .....	78
<b>CONSENT FOR PUBLICATION</b> .....	79
<b>CONFLICT OF INTEREST</b> .....	79
<b>ACKNOWLEDGEMENT</b> .....	79
<b>REFERENCES</b> .....	79
<b>CASE 18 EVALUATION OF COUGH AND LEFT LOWER LOBE “PNEUMONIA”</b> .....	80
<i>Christopher Manley</i>	
<b>Presentation</b> .....	80
<b>Comorbidities</b> .....	80
<b>Chest Imaging</b> .....	80
<b>Initial Testing</b> .....	80
<b>Intervention</b> .....	81
<b>Complications</b> .....	81
<b>Post-Intervention</b> .....	81
<b>Learning Points</b> .....	83

<b>CONSENT FOR PUBLICATION</b> .....	83
<b>CONFLICT OF INTEREST</b> .....	83
<b>ACKNOWLEDGEMENTS</b> .....	83
<b>REFERENCE</b> .....	83
<b>CASE 19 CONE BEAM CT</b> .....	84
<i>Michael Pritchett</i>	
<b>Presentation</b> .....	84
<b>Comorbidities</b> .....	84
<b>Chest Imaging</b> .....	84
<b>Intervention</b> .....	84
<b>Complications</b> .....	85
<b>Post-Intervention</b> .....	85
<b>Learning Points</b> .....	87
<b>Video</b> .....	88
<b>CONSENT FOR PUBLICATION</b> .....	88
<b>CONFLICT OF INTEREST</b> .....	88
<b>ACKNOWLEDGEMENTS</b> .....	88
<b>REFERENCES</b> .....	89
<b>CASE 20 TWO FOR THE PRICE OF ONE</b> .....	90
<i>Michael Pritchett</i>	
<b>Presentation</b> .....	90
<b>Comorbidities</b> .....	90
<b>Chest Imaging</b> .....	90
<b>Intervention</b> .....	90
<b>Complications</b> .....	91
<b>Post-Intervention</b> .....	91
<b>Procedural Images</b> .....	92
<b>Learning Points</b> .....	93
<b>Video</b> .....	93
<b>CONSENT FOR PUBLICATION</b> .....	93
<b>CONFLICT OF INTEREST</b> .....	94
<b>ACKNOWLEDGEMENT</b> .....	94
<b>REFERENCE</b> .....	94
<b>CASE 21 ONE VIEW IS NOT ENOUGH</b> .....	95
<i>Michael Pritchett</i>	
<b>Presentation</b> .....	95
<b>Comorbidities</b> .....	95
<b>Chest Imaging</b> .....	95
<b>Intervention</b> .....	95
<b>Complications</b> .....	96
<b>Post-Intervention</b> .....	96
<b>Procedural Images</b> .....	96
<b>Learning Points</b> .....	97
<b>CONSENT FOR PUBLICATION</b> .....	98
<b>CONFLICT OF INTEREST</b> .....	98
<b>ACKNOWLEDGEMENT</b> .....	98
<b>REFERENCE</b> .....	98
<b>CASE 22 CELLVIZIO</b> .....	99
<i>Anantham Devanand and Tay Chee Kiang Melvin</i>	
<b>Presentation</b> .....	99
<b>Comorbidities</b> .....	99
<b>Chest Imaging</b> .....	99
<b>Intervention</b> .....	99
<b>Image Interpretation</b> .....	101
<b>Complications</b> .....	101
<b>Post-Intervention</b> .....	101

Learning Points .....	101
Video .....	103
CONSENT FOR PUBLICATION .....	103
CONFLICT OF INTEREST .....	103
ACKNOWLEDGEMENT .....	103
REFERENCES .....	103
<b>CASE 23 INCIDENTAL FINDING OF LATENT TUBERCULOSIS IN THE EVALUATION OF LOCALLY ADVANCED COLON CANCER</b> .....	104
<i>Christopher Manley, Shuanzeng Wei, Tess Kramer and Jouke Annema</i>	
Presentation .....	104
Comorbidities.....	104
Chest Imaging.....	104
Intervention .....	105
Complications .....	105
Post-Intervention .....	105
Learning Points.....	107
CONSENT FOR PUBLICATION .....	108
CONFLICT OF INTEREST .....	108
ACKNOWLEDGEMENTS .....	108
REFERENCE .....	108
<b>CASE 24 CRYOBIOPSY IN DPLD</b> .....	109
<i>Wong Soo Fen, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
Presentation .....	109
Comorbidities.....	109
Chest Imaging.....	109
Intervention .....	109
Complications .....	110
Post-Intervention .....	110
Learning Points.....	111
CONSENT FOR PUBLICATION .....	111
CONFLICT OF INTEREST .....	111
ACKNOWLEDGEMENTS .....	112
REFERENCE .....	112
<b>CASE 25 TRANSBRONCHIAL LUNG CRYOBIOPSY TO DIAGNOSE EOSINOPHILIC PNEUMONIA</b> .....	113
<i>Wong Soo Fen, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
Presentation .....	113
Comorbidities.....	113
Chest Imaging.....	113
Intervention .....	113
Complications .....	114
Post-Intervention .....	114
Learning Points.....	115
Video.....	115
CONSENT FOR PUBLICATION .....	115
CONFLICT OF INTEREST .....	115
ACKNOWLEDGEMENTS .....	115
REFERENCES .....	115
<b>CASE 26 A CASE OF UNILATERAL INTERSTITIAL LUNG DISEASE –TRANSBRONCHIAL LUNG CRYOBIOPSY SOLVED THE MYSTERY</b> .....	116
<i>Tinku Joseph and Meghana Subash</i>	
Presentation .....	116
Comorbidities.....	116
Chest Imaging.....	116
Intervention .....	117
Complications .....	117

Post-Intervention .....	117
Learning Points .....	119
CONSENT FOR PUBLICATION .....	119
CONFLICT OF INTEREST .....	119
ACKNOWLEDGEMENT .....	119
REFERENCE .....	120

**SECTION B THERAPEUTIC INTERVENTIONAL PULMONOLOGY**

**CASE 1 BENIGN CENTRAL AIRWAY OBSTRUCTION .....** 121

<i>Rosmadi Ismail</i>	
Presentation .....	121
Comorbidities.....	121
Chest Imaging.....	121
Intervention.....	121
Complications .....	122
Post-Intervention .....	122
Learning Points.....	124
CONSENT FOR PUBLICATION .....	124
CONFLICT OF INTEREST .....	124
ACKNOWLEDGEMENTS .....	124
REFERENCE .....	124

**CASE 2 MICRO LARYNGEAL TUBE (MLT/MLS) GUIDED DEBULKING OF TRACHEO-BRONCHIAL LESIONS – AN ALTERNATIVE OPTION TO RIGID BRONCHOSCOPY .....** 125

<i>Tinku Joseph, Sathish C. Reddy, Sreeraj Nair and Tushara Madathil</i>	
Presentation .....	125
Comorbidities.....	125
Chest Imaging.....	125
Intervention.....	125
Complications .....	126
Post-Intervention .....	126
Learning Points.....	127
Advantages of MLT/MLS Tube .....	127
Disadvantages of Using an MLT/MLS Tube.....	127
Video.....	128
CONSENT FOR PUBLICATION .....	128
CONFLICT OF INTEREST .....	128
ACKNOWLEDGEMENT .....	128
REFERENCE .....	128

**CASE 3 MULTIDIMENSIONAL APPROACH FOR TRACHEOBRONCHIAL PAPILOMATOSIS LESIONS .....** 129

<i>Tinku Joseph, Sathish C. Reddy and Gopan</i>	
Presentation .....	129
Comorbidities.....	129
Chest Imaging.....	129
Intervention.....	129
Complications .....	130
Post-Intervention .....	130
Learning Points.....	131
CONSENT FOR PUBLICATION .....	131
CONFLICT OF INTEREST .....	131
ACKNOWLEDGEMENT .....	131
REFERENCE .....	131

**CASE 4 ENDOSCOPIC TREATMENT FOR INFLAMMATORY MYOFIBROBLASTIC TUMOR OF THE TRACHEA.....** 132

<i>Tang Jeat Thong, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
Presentation .....	132
Comorbidities.....	132

Chest Imaging.....	132
Intervention.....	132
Complications.....	133
Post-Intervention.....	133
Learning Points.....	134
Video.....	135
CONSENT FOR PUBLICATION.....	135
CONFLICT OF INTEREST.....	135
ACKNOWLEDGEMENTS.....	135
REFERENCES.....	135
<b>CASE 5 ENDOSCOPIC TREATMENT OF PULMONARY MUCORMYCOSIS IN AN IMMUNOCOMPETENT PATIENT.....</b>	<b>136</b>
<i>Khai Lip Ng, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
Presentation.....	136
Comorbidities.....	136
Chest Imaging.....	136
Intervention.....	136
Complications.....	137
Post-Intervention.....	137
Learning Points.....	139
Video.....	139
CONSENT FOR PUBLICATION.....	139
CONFLICT OF INTEREST.....	139
ACKNOWLEDGEMENTS.....	139
REFERENCE.....	139
<b>CASE 6 EMERGENT ENDOSCOPIC TREATMENT FOR TB-ASSOCIATED TRACHEAL STENOSIS MIMICKING ASTHMA IN A YOUNG ADULT.....</b>	<b>140</b>
<i>Nai-Chien Huan, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
Presentation.....	140
Comorbidities.....	140
Chest Imaging.....	140
Intervention.....	141
Complications.....	141
Post-Intervention.....	141
Learning Points.....	142
Video.....	142
CONSENT FOR PUBLICATION.....	142
CONFLICT OF INTEREST.....	142
ACKNOWLEDGEMENT.....	142
REFERENCE.....	142
<b>CASE 7 MECHANICAL ‘CORING’ AS PART OF MULTIMODALITY TREATMENT IN CRITICAL POST-TB TRACHEAL STENOSIS.....</b>	<b>143</b>
<i>Nai-Chien Huan, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
Presentation.....	143
Comorbidities.....	143
Chest Imaging.....	143
Intervention.....	143
Complications.....	144
Post-Intervention.....	144
Learning Points.....	145
Video.....	145
CONSENT FOR PUBLICATION.....	145
CONFLICT OF INTEREST.....	145
ACKNOWLEDGEMENT.....	145
REFERENCE.....	145

<b>CASE 8 MULTIMODAL ENDOSCOPIC MANAGEMENT OF MULTI- LEVEL POST-TB TRACHEAL STENOSIS</b> .....	146
<i>Kho Sze Shyang, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
<b>Presentation</b> .....	146
<b>Comorbidities</b> .....	146
<b>Chest Imaging</b> .....	146
<b>Intervention</b> .....	146
<b>Complications</b> .....	147
<b>Post-Intervention</b> .....	147
<b>Learning Points</b> .....	149
<b>Video</b> .....	149
<b>CONSENT FOR PUBLICATION</b> .....	149
<b>CONFLICT OF INTEREST</b> .....	149
<b>ACKNOWLEDGEMENT</b> .....	149
<b>REFERENCE</b> .....	149
<b>CASE 9 BRONCHOSCOPIC MANAGEMENT OF POST-INTUBATION TRACHEAL STENOSIS (PITS) IN A COVID-19 TREATED PATIENT</b> .....	150
<i>Tinku Joseph and Sathish C. Reddy</i>	
<b>Presentation</b> .....	150
<b>Comorbidities</b> .....	150
<b>Chest Imaging</b> .....	150
<b>Intervention</b> .....	151
<b>Complications</b> .....	151
<b>Post-Intervention</b> .....	151
<b>Learning Points</b> .....	154
<b>CONSENT FOR PUBLICATION</b> .....	155
<b>CONFLICT OF INTEREST</b> .....	155
<b>ACKNOWLEDGEMENT</b> .....	155
<b>REFERENCE</b> .....	155
<b>CASE 10 MALIGNANT CENTRAL AIRWAY OBSTRUCTION</b> .....	156
<i>Khai Lip Ng, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
<b>Presentation</b> .....	156
<b>Comorbidities</b> .....	156
<b>Chest Imaging</b> .....	156
<b>Intervention</b> .....	157
<b>Complications</b> .....	157
<b>Post-Intervention</b> .....	157
<b>Learning Points</b> .....	158
<b>Video</b> .....	159
<b>CONSENT FOR PUBLICATION</b> .....	159
<b>CONFLICT OF INTEREST</b> .....	159
<b>ACKNOWLEDGEMENTS</b> .....	159
<b>REFERENCE</b> .....	159
<b>CASE 11 RECURRENT MUCOEPIDERMOID CARCINOMA OF THE BRONCHUS</b> .....	160
<i>Khai Lip Ng, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
<b>Presentation</b> .....	160
<b>Comorbidities</b> .....	160
<b>Chest Imaging</b> .....	160
<b>Intervention</b> .....	160
<b>Complications</b> .....	161
<b>Post-Intervention</b> .....	161
<b>Learning Points</b> .....	162
<b>Videos</b> .....	162
<b>CONSENT FOR PUBLICATION</b> .....	163
<b>CONFLICT OF INTEREST</b> .....	163
<b>ACKNOWLEDGEMENT</b> .....	163
<b>REFERENCE</b> .....	163

<b>CASE 12 TYPICAL LOW-GRADE CARCINOID TUMOUR CAUSING CENTRAL AIRWAY OBSTRUCTION</b> .....	164
<i>Khair Lip Ng, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
<b>Presentation</b> .....	164
<b>Comorbidities</b> .....	164
<b>Chest Imaging</b> .....	164
<b>Intervention</b> .....	164
<b>Complications</b> .....	165
<b>Post-Intervention</b> .....	165
<b>Learning Points</b> .....	166
<b>Video</b> .....	166
<b>CONSENT FOR PUBLICATION</b> .....	166
<b>CONFLICT OF INTEREST</b> .....	167
<b>ACKNOWLEDGEMENT</b> .....	167
<b>REFERENCE</b> .....	167
<b>CASE 13 DEBULKING OF TUMOUR (MUCO-EPIDERMOID CARCINOMA) INVOLVING RIGHT MAIN BRONCHUS CAUSING COMPLETE COLLAPSE OF RIGHT MIDDLE AND LOWER LOBES</b> .....	168
<i>Tinku Joseph</i>	
<b>Presentation</b> .....	168
<b>Comorbidities</b> .....	168
<b>Chest Imaging</b> .....	168
<b>Intervention</b> .....	168
<b>Complications</b> .....	169
<b>Post-Intervention</b> .....	169
<b>Learning Points</b> .....	170
<b>Video</b> .....	171
<b>CONSENT FOR PUBLICATION</b> .....	171
<b>CONFLICT OF INTEREST</b> .....	171
<b>ACKNOWLEDGEMENT</b> .....	171
<b>REFERENCE</b> .....	171
<b>CASE 14 MASSIVE HAEMOPTYSIS SECONDARY TO A BLEEDING PSEUDO-ANEURYSM</b> .....	172
<i>Nai-Chien Huan, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
<b>Presentation</b> .....	172
<b>Comorbidities</b> .....	172
<b>Chest Imaging</b> .....	172
<b>Intervention</b> .....	172
<b>Complications</b> .....	173
<b>Post-Intervention</b> .....	173
<b>Learning Points</b> .....	174
<b>CONSENT FOR PUBLICATION</b> .....	174
<b>CONFLICT OF INTEREST</b> .....	174
<b>ACKNOWLEDGEMENT</b> .....	174
<b>REFERENCE</b> .....	174
<b>CASE 15 HAEMORRHAGE POST BIOPSY OF A BRONCHIAL CARCINOID: WHAT CAN BE DONE WHEN AIRWAY INTERVENTIONS ARE UNSUCCESSFUL?</b> .....	175
<i>Sangeta Vadivelu, Kho Sze Shyang, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
<b>Presentation</b> .....	175
<b>Comorbidities</b> .....	175
<b>Chest Imaging</b> .....	175
<b>Intervention</b> .....	176
<b>Complications</b> .....	176
<b>Post-Intervention</b> .....	176
<b>Learning Points</b> .....	178
<b>CONSENT FOR PUBLICATION</b> .....	179
<b>CONFLICT OF INTEREST</b> .....	179



ACKNOWLEDGEMENTS .....	179
REFERENCES .....	179
<b>CASE 16 AIRWAY FISTULA .....</b>	<b>180</b>
<i>Chai Chan Sin and Tie Siew Teck</i>	
<b>Presentation .....</b>	<b>180</b>
<b>Comorbidities.....</b>	<b>180</b>
<b>Chest Imaging.....</b>	<b>180</b>
<b>Intervention.....</b>	<b>180</b>
<b>Complications .....</b>	<b>181</b>
<b>Post-Intervention.....</b>	<b>181</b>
<b>Learning Points.....</b>	<b>183</b>
<b>CONSENT FOR PUBLICATION .....</b>	<b>184</b>
<b>CONFLICT OF INTEREST .....</b>	<b>184</b>
<b>ACKNOWLEDGEMENT .....</b>	<b>184</b>
<b>REFERENCE .....</b>	<b>184</b>
<b>CASE 17 AIRWAY STENT (SILICONE) .....</b>	<b>185</b>
<i>Khai Lip Ng, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
<b>Presentation .....</b>	<b>185</b>
<b>Comorbidities.....</b>	<b>185</b>
<b>Chest Imaging.....</b>	<b>185</b>
<b>Intervention.....</b>	<b>185</b>
<b>Complications .....</b>	<b>186</b>
<b>Post-Intervention.....</b>	<b>186</b>
<b>Learning Points.....</b>	<b>188</b>
<b>Video.....</b>	<b>188</b>
<b>CONSENT FOR PUBLICATION .....</b>	<b>188</b>
<b>CONFLICT OF INTEREST .....</b>	<b>189</b>
<b>ACKNOWLEDGEMENT .....</b>	<b>189</b>
<b>REFERENCE .....</b>	<b>189</b>
<b>CASE 18 SILICONE Y-STENT FOR EXTRINSIC CENTRAL AIRWAY OBSTRUCTION DUE TO HODGKIN'S LYMPHOMA .....</b>	<b>190</b>
<i>Tie Siew Teck</i>	
<b>Presentation .....</b>	<b>190</b>
<b>Comorbidities.....</b>	<b>190</b>
<b>Chest Imaging.....</b>	<b>190</b>
<b>Intervention.....</b>	<b>191</b>
<b>Complications .....</b>	<b>191</b>
<b>Post-Intervention.....</b>	<b>191</b>
<b>Learning Points.....</b>	<b>194</b>
<b>CONSENT FOR PUBLICATION .....</b>	<b>194</b>
<b>CONFLICT OF INTEREST .....</b>	<b>194</b>
<b>ACKNOWLEDGEMENT .....</b>	<b>194</b>
<b>REFERENCE .....</b>	<b>194</b>
<b>CASE 19 SILICONE Y-STENT FOR EXTRINSIC CENTRAL AIRWAY OBSTRUCTION DUE TO MEDIASTINAL LYMPHADENOPATHY .....</b>	<b>195</b>
<i>Tie Siew Teck</i>	
<b>Presentation .....</b>	<b>195</b>
<b>Comorbidities.....</b>	<b>195</b>
<b>Chest Imaging.....</b>	<b>195</b>
<b>Intervention.....</b>	<b>195</b>
<b>Complications .....</b>	<b>196</b>
<b>Post-Intervention.....</b>	<b>196</b>
<b>Learning Points.....</b>	<b>198</b>
<b>CONSENT FOR PUBLICATION .....</b>	<b>199</b>
<b>CONFLICT OF INTEREST .....</b>	<b>199</b>
<b>ACKNOWLEDGEMENT .....</b>	<b>199</b>

REFERENCE .....	199
<b>CASE 20 SILICONE STENT FOR RECURRENT POST-INTUBATION TRACHEAL STENOSIS</b> .....	200
<i>Khai Lip Ng, Nai-Chien Huan, Rosmadi Ismail, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
<b>Presentation</b> .....	200
<b>Comorbidities</b> .....	200
<b>Chest Imaging</b> .....	200
<b>Airway Intervention</b> .....	200
<b>Complications</b> .....	201
<b>Post-Intervention</b> .....	201
<b>Learning Points</b> .....	202
<b>Video</b> .....	203
<b>CONSENT FOR PUBLICATION</b> .....	203
<b>CONFLICT OF INTEREST</b> .....	203
<b>ACKNOWLEDGEMENT</b> .....	203
<b>REFERENCE</b> .....	203
<b>CASE 21 POST INTUBATION TRACHEAL STENOSIS: HOURGLASS STENT</b> .....	204
<i>Harikishan Gonuguntla and Belgundi Preeti Vidyasagar</i>	
<b>Presentation</b> .....	204
<b>Comorbidities</b> .....	204
<b>Chest Imaging</b> .....	204
<b>Intervention</b> .....	204
<b>Complications</b> .....	205
<b>Post-Intervention</b> .....	205
<b>Learning Points</b> .....	206
<b>Video</b> .....	206
<b>CONSENT FOR PUBLICATION</b> .....	206
<b>CONFLICT OF INTEREST</b> .....	206
<b>ACKNOWLEDGEMENT</b> .....	206
<b>REFERENCE</b> .....	206
<b>CASE 22 AIRWAY STENT (METALLIC)</b> .....	207
<i>Tinku Joseph and Sathish C. Reddy</i>	
<b>Presentation</b> .....	207
<b>Comorbidities</b> .....	207
<b>Chest Imaging</b> .....	207
<b>Intervention</b> .....	208
<b>Complications</b> .....	208
<b>Post-Intervention</b> .....	208
<b>Learning Points</b> .....	211
<b>Indications for Airway Stenting in Malignant Conditions</b> .....	211
<b>Advantages of SEMS</b> .....	211
<b>Disadvantages of Using a SEMS</b> .....	212
<b>CONSENT FOR PUBLICATION</b> .....	212
<b>CONFLICT OF INTEREST</b> .....	212
<b>ACKNOWLEDGEMENT</b> .....	212
<b>REFERENCE</b> .....	212
<b>CASE 23 FULLY COVERED METALLIC STENT FOR CRITICAL TRACHEAL STENOSIS SECONDARY TO SMALL CELL LUNG CARCINOMA</b> .....	213
<i>Nai-Chien Huan, Mona Zaria Nasaruddin, Rosmadi Ismail and Jamalul Azizi Abdul Rahaman</i>	
<b>Presentation</b> .....	213
<b>Comorbidities</b> .....	213
<b>Chest Imaging</b> .....	213
<b>Intervention</b> .....	213
<b>Complications</b> .....	213
<b>Post-Intervention</b> .....	214

<b>Learning Points</b> .....	214
<b>Video</b> .....	215
<b>CONSENT FOR PUBLICATION</b> .....	215
<b>CONFLICT OF INTEREST</b> .....	215
<b>ACKNOWLEDGEMENT</b> .....	215
<b>REFERENCE</b> .....	215
<b>CASE 24 PALLIATIVE STENTING IN MALIGNANT TRACHEAL NARROWING</b> .....	216
<i>Muhammad Farid Fauad, Muhammad Amin Ibrahim, Mona Zaria Nasaruddin and     Jamalul Azizi Abdul Rahaman</i>	
<b>Presentation</b> .....	216
<b>Comorbidities</b> .....	216
<b>Chest Imaging</b> .....	216
<b>Intervention</b> .....	217
<b>Complications</b> .....	217
<b>Post-Intervention</b> .....	217
<b>Learning Points</b> .....	219
<b>Video</b> .....	220
<b>CONSENT FOR PUBLICATION</b> .....	220
<b>CONFLICT OF INTEREST</b> .....	220
<b>ACKNOWLEDGEMENT</b> .....	220
<b>REFERENCES</b> .....	220
<b>CASE 25 REMOVAL OF PARTIALLY COVERED SELF-EXPANDABLE METALLIC TRACHEAL STENT IN A STEPWISE APPROACH</b> .....	221
<i>Kho Sze Shyang, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
<b>Presentation</b> .....	221
<b>Comorbidities</b> .....	221
<b>Chest Imaging</b> .....	221
<b>Intervention</b> .....	222
<b>Complications</b> .....	222
<b>Post-Intervention</b> .....	222
<b>Learning Points</b> .....	225
<b>Video</b> .....	225
<b>CONSENT FOR PUBLICATION</b> .....	226
<b>CONFLICT OF INTEREST</b> .....	226
<b>ACKNOWLEDGEMENT</b> .....	266
<b>REFERENCES</b> .....	266
<b>CASE 26 3D PRINTED AIRWAY STENTS</b> .....	227
<i>Marcela Azevedo and Thomas R. Gildea</i>	
<b>Presentation</b> .....	227
<b>Comorbidities</b> .....	227
<b>Chest Imaging</b> .....	227
<b>Intervention</b> .....	227
<b>Complications</b> .....	228
<b>Post-Intervention</b> .....	228
<b>Learning Points</b> .....	231
<b>CONSENT FOR PUBLICATION</b> .....	232
<b>CONFLICT OF INTEREST</b> .....	232
<b>ACKNOWLEDGEMENT</b> .....	232
<b>REFERENCES</b> .....	232
<b>CASE 27 PATIENT SPECIFIC 3D PRINTED STENT FOR TREATMENT OF CENTRAL AIRWAY DISEASE DUE TO IGG-RELATED LUNG DISEASE</b> .....	233
<i>Prince Ntiamoah, Alejandro Aragaki, Christopher Radchenko, Sadia Benzaquen and     Thomas R. Gildea</i>	
<b>Presentation</b> .....	233
<b>Comorbidities</b> .....	233
<b>Chest Imaging</b> .....	233

Intervention.....	234
Complications .....	235
Post-Intervention .....	235
Learning Points.....	236
CONSENT FOR PUBLICATION .....	237
CONFLICT OF INTEREST .....	237
ACKNOWLEDGEMENT .....	237
REFERENCES .....	237
<b>CASE 28 EXCESSIVE DYNAMIC AIRWAY COLLAPSE/TRACHEOBRONCHOMALACIA .....</b>	<b>238</b>
<i>Khai Lip Ng, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
Presentation .....	238
Comorbidities.....	238
Chest Imaging.....	238
Intervention.....	239
Complications .....	239
Post-Intervention .....	239
Learning Points.....	240
Video.....	240
CONSENT FOR PUBLICATION .....	241
CONFLICT OF INTEREST .....	241
ACKNOWLEDGEMENT .....	241
REFERENCE .....	241
<b>CASE 29 TRACHEOBRONCHOMALACIA .....</b>	<b>242</b>
<i>Alex Chee and Elaine Dumoulin</i>	
Presentation .....	242
Comorbidities.....	242
Chest Imaging.....	242
Intervention.....	242
Complications .....	243
Post-Intervention .....	243
Learning Points.....	244
CONSENT FOR PUBLICATION .....	244
CONFLICT OF INTEREST .....	244
ACKNOWLEDGEMENT .....	244
REFERENCE .....	244
<b>CASE 30 PHOTODYNAMIC THERAPY .....</b>	<b>245</b>
<i>Kai Swenson, Juan P. Uribe and Adnan Majid</i>	
Presentation .....	245
Comorbidities.....	245
Chest Imaging.....	245
Intervention.....	245
Complications .....	246
Post-Intervention .....	246
Learning Points.....	247
CONSENT FOR PUBLICATION .....	247
CONFLICT OF INTEREST .....	247
ACKNOWLEDGEMENT .....	247
REFERENCES .....	248
<b>CASE 31 PHOTODYNAMIC THERAPY FOR TRACHEAL ADENOID CYSTIC CARCINOMA.....</b>	<b>249</b>
<i>Kai Swenson, Juan P. Uribe and Adnan Majid</i>	
Presentation .....	249
Comorbidities.....	249
Chest Imaging.....	249
Intervention.....	249
Complications .....	250

<b>Post-Intervention</b> .....	250
<b>Learning Points</b> .....	252
<b>Video</b> .....	253
<b>CONSENT FOR PUBLICATION</b> .....	253
<b>CONFLICT OF INTEREST</b> .....	253
<b>ACKNOWLEDGEMENT</b> .....	253
<b>REFERENCES</b> .....	253
<b>CASE 32 PHOTODYNAMIC THERAPY FOR A LEFT LOWER LOBE BRONCHIAL CARCINOID TUMOR</b> .....	254
<i>Kai Swenson, Juan P. Uribe and Adnan Majid</i>	
<b>Presentation</b> .....	254
<b>Comorbidities</b> .....	254
<b>Chest Imaging</b> .....	254
<b>Intervention</b> .....	254
<b>Complications</b> .....	255
<b>Post-Intervention</b> .....	255
<b>Learning Points</b> .....	256
<b>CONSENT FOR PUBLICATION</b> .....	256
<b>CONFLICT OF INTEREST</b> .....	256
<b>ACKNOWLEDGEMENT</b> .....	256
<b>REFERENCES</b> .....	256
<b>CASE 33 MICROWAVE ABLATION</b> .....	257
<i>Joyce W.Y. Chan, Rainbow W.H. Lau and Calvin S.H. Ng</i>	
<b>Presentation</b> .....	257
<b>Comorbidities</b> .....	257
<b>Chest Imaging</b> .....	257
<b>Intervention</b> .....	257
<b>Complications</b> .....	258
<b>Post-Intervention</b> .....	258
<b>Learning Points</b> .....	260
<b>CONSENT FOR PUBLICATION</b> .....	260
<b>CONFLICT OF INTEREST</b> .....	260
<b>ACKNOWLEDGEMENT</b> .....	260
<b>REFERENCES</b> .....	261
<b>CASE 34 BRONCHOSCOPIC MICROWAVE ABLATIONS FOR PATIENTS WITH MULTIPLE LUNG NODULES AND PREVIOUS LOBECTOMY</b> .....	262
<i>Joyce W.Y. Chan, Rainbow W.H. Lau and Calvin S.H. Ng</i>	
<b>Presentation</b> .....	262
<b>Comorbidities</b> .....	262
<b>Chest Imaging</b> .....	262
<b>Intervention</b> .....	262
<b>Complications</b> .....	263
<b>Post-Intervention</b> .....	263
<b>Learning Points</b> .....	264
<b>CONSENT FOR PUBLICATION</b> .....	264
<b>CONFLICT OF INTEREST</b> .....	264
<b>ACKNOWLEDGEMENT</b> .....	264
<b>REFERENCES</b> .....	264
<b>CASE 35 BRONCHIAL THERMOPLASTY</b> .....	266
<i>Nai-Chien Huan, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
<b>Presentation</b> .....	266
<b>Comorbidities</b> .....	266
<b>Chest Imaging</b> .....	266
<b>Intervention</b> .....	266
<b>Complications</b> .....	267
<b>Post-Intervention</b> .....	267

Learning Points.....	267
Video.....	267
CONSENT FOR PUBLICATION .....	267
CONFLICT OF INTEREST .....	268
ACKNOWLEDGEMENT .....	268
REFERENCE .....	268
<b>CASE 36 GOING STRONG 6 YEARS POST-BRONCHIAL THERMOPLASTY AFTER FAILURE OF LIVE FISH TREATMENT.....</b>	<b>269</b>
<i>Nai-Chien Huan, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
Presentation .....	269
Comorbidities.....	269
Chest Imaging.....	269
Intervention.....	269
Complications .....	270
Post-Intervention.....	270
Learning Points.....	270
Video.....	270
CONSENT FOR PUBLICATION .....	270
CONFLICT OF INTEREST .....	271
ACKNOWLEDGEMENT .....	271
REFERENCES .....	271
<b>CASE 37 THE BRONCHIAL THERMOPLASTY REVOLUTION IN THE TREATMENT OF SEVERE ASTHMA .....</b>	<b>272</b>
<i>Anantham Devanand and Tay Chee Kiang Melvin</i>	
Presentation .....	272
Comorbidities.....	272
Chest Imaging.....	272
Intervention.....	273
Session 1 .....	273
Session 2 .....	273
Session 3 .....	273
Complications .....	274
Post-Intervention.....	274
Learning Points.....	275
Video.....	277
CONSENT FOR PUBLICATION .....	277
CONFLICT OF INTEREST .....	277
ACKNOWLEDGEMENT .....	277
REFERENCE .....	277
<b>CASE 38 BRONCHOSCOPIC LUNG VOLUME REDUCTION (BLVR).....</b>	<b>278</b>
<i>Mohd Faizul Abu Samah and Jamalul Azizi Abdul Rahaman</i>	
Presentation .....	278
Comorbidities.....	278
Chest Imaging.....	278
Intervention.....	279
Complications .....	279
Post-Intervention.....	279
Learning Points.....	280
Video.....	281
CONSENT FOR PUBLICATION .....	281
CONFLICT OF INTEREST .....	281
ACKNOWLEDGEMENT .....	281
REFERENCES .....	281

<b>CASE 39 SUSTAINED BENEFITS OUT TO 5 YEARS IN AN EMPHYSEMA PATIENT FOLLOWING ZEPHYR ENDOBRONCHIAL VALVE THERAPY</b> .....	282
<i>Nai-Chien Huan, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
<b>Presentation</b> .....	282
<b>Comorbidities</b> .....	282
<b>Chest Imaging</b> .....	282
<b>Intervention</b> .....	282
<b>Complications</b> .....	283
<b>Post-Intervention</b> .....	283
<b>Learning Points</b> .....	284
<b>Video</b> .....	284
<b>CONSENT FOR PUBLICATION</b> .....	284
<b>CONFLICT OF INTEREST</b> .....	284
<b>ACKNOWLEDGEMENT</b> .....	284
<b>REFERENCE</b> .....	284
<b>CASE 40 SEGMENTAL BRONCHOSCOPIC LUNG VOLUME REDUCTION WITH THERMAL VAPOUR ABLATION</b> .....	285
<i>Anantham Devanand and Tay Chee Kiang Melvin</i>	
<b>Presentation</b> .....	285
<b>Comorbidities</b> .....	285
<b>Chest Imaging</b> .....	285
<b>Intervention</b> .....	286
<b>Planning</b> .....	286
<b>Treatment 1</b> .....	286
<b>Treatment 2</b> .....	287
<b>Complications</b> .....	287
<b>Post-Intervention</b> .....	287
<b>Learning Points</b> .....	289
<b>Video</b> .....	290
<b>CONSENT FOR PUBLICATION</b> .....	290
<b>CONFLICT OF INTEREST</b> .....	290
<b>ACKNOWLEDGEMENT</b> .....	290
<b>REFERENCE</b> .....	291
<b>CASE 41 PERSISTENT AIR LEAK</b> .....	292
<i>Khai Lip Ng, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
<b>Presentation</b> .....	292
<b>Comorbidities</b> .....	292
<b>Chest Imaging</b> .....	292
<b>Intervention</b> .....	292
<b>Complications</b> .....	293
<b>Post-Intervention</b> .....	293
<b>Learning Points</b> .....	294
<b>Video</b> .....	295
<b>CONSENT FOR PUBLICATION</b> .....	295
<b>CONFLICT OF INTEREST</b> .....	295
<b>ACKNOWLEDGEMENT</b> .....	295
<b>REFERENCE</b> .....	295
<b>CASE 42 ENDOBRONCHIAL VALVES FOR PERSISTENT AIR LEAK</b> .....	296
<i>Alex Chee and Elaine Dumoulin</i>	
<b>Presentation</b> .....	296
<b>Comorbidities</b> .....	296
<b>Chest Imaging</b> .....	296
<b>Intervention</b> .....	296
<b>Complications</b> .....	297
<b>Post-Intervention</b> .....	297
<b>Learning Points</b> .....	298
<b>CONSENT FOR PUBLICATION</b> .....	298

CONFLICT OF INTEREST .....	298
ACKNOWLEDGEMENT .....	299
REFERENCE .....	299
<b>CASE 43 GIANT BULLAE</b> .....	300
<i>Khai Lip Ng, Mona Zaria Nasaruddin and Jamalul Azizi Abdul Rahaman</i>	
<b>Presentation</b> .....	300
<b>Comorbidities</b> .....	300
<b>Chest Imaging</b> .....	300
<b>Intervention</b> .....	300
<b>Complications</b> .....	301
<b>Post-Intervention</b> .....	301
<b>Learning Points</b> .....	302
<b>Video</b> .....	302
<b>CONSENT FOR PUBLICATION</b> .....	303
<b>CONFLICT OF INTEREST</b> .....	303
<b>ACKNOWLEDGEMENT</b> .....	303
<b>REFERENCES</b> .....	303
<b>CASE 44 FOREIGN BODY REMOVAL</b> .....	304
<i>Tinku Joseph and Sathish C. Reddy</i>	
<b>Presentation</b> .....	304
<b>Comorbidities</b> .....	304
<b>Chest Imaging</b> .....	304
<b>Intervention</b> .....	305
<b>Complications</b> .....	305
<b>Post-Intervention</b> .....	305
<b>Learning Points</b> .....	307
<b>Video</b> .....	307
<b>CONSENT FOR PUBLICATION</b> .....	307
<b>CONFLICT OF INTEREST</b> .....	307
<b>ACKNOWLEDGEMENT</b> .....	307
<b>REFERENCE</b> .....	307
<b>CASE 45 HIJAB PIN IN THE AIRWAY</b> .....	308
<i>Mohamed Faisal Abdul Hamid, Nik Nuratiqah Nik Abeed, Ng Boon Hau and Andrea Ban Yu-Lin</i>	
<b>Presentation</b> .....	308
<b>Comorbidities</b> .....	308
<b>Chest Imaging</b> .....	308
<b>Intervention</b> .....	308
<b>Complications</b> .....	309
<b>Post-Intervention</b> .....	309
<b>Learning Points</b> .....	309
<b>Video</b> .....	310
<b>CONSENT FOR PUBLICATION</b> .....	310
<b>CONFLICT OF INTEREST</b> .....	310
<b>ACKNOWLEDGEMENT</b> .....	310
<b>REFERENCES</b> .....	310
<b>CASE 46 LOCALISED BRONCHIECTASIS CAUSED BY FOREIGN BODY ASPIRATION</b> .....	311
<i>Hema Yamini Ramarmuty</i>	
<b>Presentation</b> .....	311
<b>Comorbidities</b> .....	311
<b>Chest Imaging</b> .....	311
<b>Intervention</b> .....	311
<b>Complications</b> .....	312
<b>Post-Intervention</b> .....	312
<b>Learning Points</b> .....	313
<b>CONSENT FOR PUBLICATION</b> .....	314
<b>CONFLICT OF INTEREST</b> .....	314



ACKNOWLEDGEMENT .....	314
REFERENCES .....	314
<b>CASE 47 WHOLE LUNG LAVAGE FOR PAP .....</b>	<b>315</b>
<i>Mohamed Faisal Abdul Hamid and Khairulamir Zainuddin</i>	
<b>Presentation .....</b>	<b>315</b>
<b>Comorbidities.....</b>	<b>315</b>
<b>Chest Imaging.....</b>	<b>315</b>
<b>Intervention.....</b>	<b>316</b>
<b>Complications .....</b>	<b>316</b>
<b>Post-Intervention.....</b>	<b>316</b>
<b>Learning Points.....</b>	<b>318</b>
<b>Video.....</b>	<b>318</b>
<b>CONSENT FOR PUBLICATION .....</b>	<b>318</b>
<b>CONFLICT OF INTEREST .....</b>	<b>319</b>
<b>ACKNOWLEDGEMENT .....</b>	<b>319</b>
<b>REFERENCES .....</b>	<b>319</b>
<b>CASE 48 A CASE OF PULMONARY ALVEOLAR PROTEINOSIS WITH GOOD RESPONSE TO WHOLE LUNG LAVAGE.....</b>	<b>320</b>
<i>Sameer Arbat</i>	
<b>Presentation .....</b>	<b>320</b>
<b>Comorbidities.....</b>	<b>320</b>
<b>Chest Imaging.....</b>	<b>320</b>
<b>Intervention.....</b>	<b>320</b>
<b>Complications .....</b>	<b>321</b>
<b>Post-Intervention.....</b>	<b>321</b>
<b>Learning Points.....</b>	<b>322</b>
<b>Video.....</b>	<b>322</b>
<b>CONSENT FOR PUBLICATION .....</b>	<b>322</b>
<b>CONFLICT OF INTEREST .....</b>	<b>322</b>
<b>ACKNOWLEDGEMENT .....</b>	<b>323</b>
<b>REFERENCE .....</b>	<b>323</b>
<b>SECTION C PLEURAL PROCEDURES</b>	
<b>CASE 1 PLEUROSCOPY .....</b>	<b>324</b>
<i>Hema Yamini Ramarmuty</i>	
<b>Indications.....</b>	<b>324</b>
<b>Diagnostic.....</b>	<b>324</b>
<b>Therapeutic.....</b>	<b>324</b>
<b>Contraindications .....</b>	<b>325</b>
<b>Absolute Contraindications .....</b>	<b>325</b>
<b>Relative Contraindications .....</b>	<b>325</b>
<b>Equipment.....</b>	<b>325</b>
<b>Others.....</b>	<b>325</b>
<b>Pre-Procedural Preparation and Patient Monitoring.....</b>	<b>326</b>
<b>Steps .....</b>	<b>327</b>
<b>Potential Complications .....</b>	<b>330</b>
<b>CONSENT FOR PUBLICATION .....</b>	<b>330</b>
<b>CONFLICT OF INTEREST .....</b>	<b>330</b>
<b>ACKNOWLEDGEMENT .....</b>	<b>330</b>
<b>REFERENCES .....</b>	<b>330</b>
<b>CASE 2 PLEUROSCOPIC ADHESIOLYSIS FOR COMPLEX PLEURAL EFFUSION.....</b>	<b>331</b>
<i>Kho Sze Shyang and Tie Siew Teck</i>	
<b>Presentation .....</b>	<b>331</b>
<b>Comorbidities.....</b>	<b>331</b>
<b>Chest Imaging.....</b>	<b>331</b>
<b>Intervention.....</b>	<b>331</b>
<b>Complications .....</b>	<b>332</b>

<b>Post-Intervention</b> .....	332
<b>Learning Points</b> .....	334
<b>Video</b> .....	334
<b>CONSENT FOR PUBLICATION</b> .....	334
<b>CONFLICT OF INTEREST</b> .....	334
<b>ACKNOWLEDGEMENT</b> .....	334
<b>REFERENCE</b> .....	334
<b>CASE 3 PLEUROSCOPY IN MALIGNANT EFFUSION. IS PLEURAL FLUID CYTOLOGY ENOUGH?</b> .....	335
<i>Hema Yamini Ramarmuty</i>	
<b>Presentation</b> .....	335
<b>Comorbidities</b> .....	335
<b>Chest Imaging</b> .....	335
<b>Intervention</b> .....	335
<b>Complications</b> .....	336
<b>Post-Intervention</b> .....	336
<b>Learning Points</b> .....	338
<b>Video</b> .....	339
<b>CONSENT FOR PUBLICATION</b> .....	339
<b>CONFLICT OF INTEREST</b> .....	339
<b>ACKNOWLEDGEMENTS</b> .....	339
<b>REFERENCE</b> .....	339
<b>CASE 4 ‘TB OR NOT TB?’- A CALL FOR PLEUROSCOPY WHEN INVESTIGATIONS ARE NOT CONFIRMATORY</b> .....	340
<i>Hema Yamini Ramarmuty</i>	
<b>Presentation</b> .....	340
<b>Comorbidities</b> .....	340
<b>Chest Imaging</b> .....	340
<b>Intervention</b> .....	340
<b>Complications</b> .....	341
<b>Post-Intervention</b> .....	341
<b>Learning Points</b> .....	343
<b>Video</b> .....	343
<b>CONSENT FOR PUBLICATION</b> .....	344
<b>CONFLICT OF INTEREST</b> .....	344
<b>ACKNOWLEDGEMENTS</b> .....	344
<b>REFERENCES</b> .....	344
<b>CASE 5 FLEXI-RIGID PLEUROSCOPE-GUIDED CRYOBIOPSY</b> .....	345
<i>Kho Sze Shyang, Larry Ellee Nyanti and Tie Siew Teck</i>	
<b>Presentation</b> .....	345
<b>Comorbidities</b> .....	345
<b>Chest Imaging</b> .....	345
<b>Intervention</b> .....	345
<b>Complications</b> .....	346
<b>Post-Intervention</b> .....	346
<b>Learning Points</b> .....	349
<b>Video</b> .....	349
<b>CONSENT FOR PUBLICATION</b> .....	349
<b>CONFLICT OF INTEREST</b> .....	349
<b>ACKNOWLEDGEMENTS</b> .....	349
<b>REFERENCE</b> .....	349
<b>CASE 6 TRANSTHORACIC ULTRASOUND AND VERESS NEEDLE ASSISTED PLEUROSCOPY IN A PATIENT WITH MINIMAL PLEURAL EFFUSION</b> .....	350
<i>Kho Sze Shyang and Tie Siew Teck</i>	
<b>Presentation</b> .....	350
<b>Comorbidities</b> .....	350

Chest Imaging.....	350
Intervention.....	351
Complications.....	351
Post-Intervention.....	352
Learning Points.....	354
Video.....	354
CONSENT FOR PUBLICATION.....	355
CONFLICT OF INTEREST.....	355
ACKNOWLEDGEMENT.....	355
REFERENCE.....	355
<b>CASE 7 MEDICAL THORACOSCOPY WITH “INDUCTION PNEUMOTHORAX”.....</b>	<b>356</b>
<i>Soo Chun Ian</i>	
Presentation.....	356
Comorbidities.....	356
Chest Imaging.....	356
Intervention.....	357
Complications.....	357
Post-Intervention.....	357
Learning Points.....	363
CONSENT FOR PUBLICATION.....	364
CONFLICT OF INTEREST.....	364
ACKNOWLEDGEMENT.....	364
REFERENCES.....	364
<b>CASE 8 RIGID THORACOSCOPY.....</b>	<b>365</b>
<i>Tinku Joseph and Sathish C. Reddy</i>	
Presentation.....	365
Comorbidities.....	365
Chest Imaging.....	365
Intervention.....	366
Complications.....	366
Post-Intervention.....	367
Learning Points.....	368
CONSENT FOR PUBLICATION.....	369
CONFLICT OF INTEREST.....	369
ACKNOWLEDGEMENT.....	369
REFERENCE.....	369
<b>CASE 9 GRAINS OF SAGO IN THE CHEST: RIGID THORACOSCOPY FOR TB PLEURAL EFFUSION.....</b>	<b>370</b>
<i>Harikishan Gonuguntla and Belgundi Preeti Vidyasagar</i>	
Presentation.....	370
Comorbidities.....	370
Chest Imaging.....	370
Intervention.....	370
Complications.....	371
Post-Intervention.....	371
Learning Points.....	373
Video.....	374
CONSENT FOR PUBLICATION.....	374
CONFLICT OF INTEREST.....	374
ACKNOWLEDGEMENTS.....	374
REFERENCES.....	374
<b>CASE 10 INDWELLING PLEURAL CATHETER.....</b>	<b>375</b>
<i>Mohamed Faisal Abdul Hamid, Ng Boon Hau, Nik Nuratiqah Nik Abeed and Andrea Ban Yu-Lin</i>	
Presentation.....	375
Comorbidities.....	375
Chest Imaging.....	375

Intervention.....	375
Complications .....	376
Post-Intervention .....	376
Learning Points.....	377
Video.....	378
CONSENT FOR PUBLICATION .....	378
CONFLICT OF INTEREST .....	378
ACKNOWLEDGEMENT .....	378
REFERENCES .....	378
<b>CASE 11 INDWELLING PLEURAL CATHETER FOR MALIGNANT PLEURAL EFFUSION, MANAGING SYMPTOMATIC LOCULATIONS.....</b>	<b>379</b>
<i>Mohamed Faisal Abdul Hamid</i>	
Presentation .....	379
Comorbidities.....	379
Chest Imaging.....	379
Intervention.....	379
Complications .....	380
Post-Intervention .....	380
Learning Points.....	381
CONSENT FOR PUBLICATION .....	381
CONFLICT OF INTEREST .....	381
ACKNOWLEDGEMENT .....	381
REFERENCES .....	381
<b>CASE 12 INDWELLING PLEURAL CATHETER FOR MALIGNANT PLEURAL EFFUSION WITH SPONTANEOUS PLEURODESIS.....</b>	<b>382</b>
<i>Mohamed Faisal Abdul Hamid</i>	
Presentation .....	382
Comorbidities.....	382
Chest Imaging.....	382
Intervention.....	382
Complications .....	382
Post-Intervention .....	383
Indwelling Pleural Catheter: A Step By Step Approach (Figs. 2-8).....	383
Learning Points.....	385
Video.....	386
CONSENT FOR PUBLICATION .....	386
CONFLICT OF INTEREST .....	386
ACKNOWLEDGEMENT .....	386
REFERENCES .....	386
<b>CASE 13 COMPLICATION OF INDWELLING PLEURAL CATHETER IN A PATIENT WITH ADVANCED BREAST CANCER.....</b>	<b>387</b>
<i>Aisya Natasya Musa, Muhammad Amin Ibrahim and Mohd Arif Mohd Zim</i>	
Presentation .....	387
Comorbidities.....	387
Chest Imaging.....	387
Intervention.....	387
Complications .....	388
Post-Intervention .....	388
Learning Points.....	390
CONSENT FOR PUBLICATION .....	390
CONFLICT OF INTEREST .....	391
ACKNOWLEDGEMENT .....	391
REFERENCES .....	391
<b>CASE 14 REMOVAL OF INDWELLING PLEURAL CATHETER FOR COMPLICATED PLEURAL INFECTION.....</b>	<b>392</b>
<i>Aisya Natasya Musa, Muhammad Amin Ibrahim and Mohd Arif Mohd Zim</i>	

Presentation .....	392
Comorbidities.....	392
Chest Imaging.....	392
Intervention.....	392
Complications .....	392
Post-Intervention.....	393
Learning Points.....	394
Video.....	395
CONSENT FOR PUBLICATION .....	395
CONFLICT OF INTEREST .....	395
ACKNOWLEDGEMENT .....	395
REFERENCES .....	395
<b>CASE 15 MALPOSITION OF INDWELLING PLEURAL CATHETER INTO THE LIVER .....</b>	<b>396</b>
<i>Aisya Natasya Musa, Muhammad Amin Ibrahim and Mohd Arif Mohd Zim</i>	
Presentation .....	396
Comorbidities.....	396
Chest Imaging.....	396
Intervention.....	396
Complications .....	397
Post-Intervention.....	397
Learning Points.....	399
CONSENT FOR PUBLICATION .....	399
CONFLICT OF INTEREST .....	400
ACKNOWLEDGEMENT .....	400
REFERENCE .....	400
<b>CASE 16 INTRAPLEURAL FIBRINOLYTICS.....</b>	<b>401</b>
<i>Mas Fazlin Mohamad Jailaini and Mohamed Faisal Abdul Hamid</i>	
Presentation .....	401
Comorbidities.....	401
Chest Imaging.....	402
Intervention.....	402
Complications .....	402
Post-Intervention.....	402
Learning Points.....	404
CONSENT FOR PUBLICATION .....	404
CONFLICT OF INTEREST .....	404
ACKNOWLEDGEMENT .....	404
REFERENCES .....	405
<b>CASE 17 INTRAPLEURAL FIBRINOLYTICS WITH ALTEPLASE AND PULMOZYME FOR COMPLEX TUBERCULOUS EFFUSION .....</b>	<b>406</b>
<i>Mohamed Faisal Abdul Hamid</i>	
Presentation .....	406
Comorbidities.....	406
Chest Imaging.....	407
Intervention.....	407
Complications .....	407
Post-Intervention.....	407
Learning Points.....	409
CONSENT FOR PUBLICATION .....	410
CONFLICT OF INTEREST .....	410
ACKNOWLEDGEMENT .....	410
REFERENCES .....	410
<b>CASE 18 CHEST ULTRASONOGRAPHY .....</b>	<b>411</b>
<i>Muhammad Redzwan S. Rashid Ali</i>	
Presentation .....	411
Comorbidities.....	411

Chest Imaging .....	411
Intervention.....	411
Complications .....	411
Post-Intervention .....	412
Learning Points.....	413
CONSENT FOR PUBLICATION .....	413
CONFLICT OF INTEREST .....	413
ACKNOWLEDGEMENT .....	414
REFERENCE .....	414
<b>CASE 19 RAPID DETECTION OF PNEUMOTHORAX BY THORACIC SONOGRAPHY .....</b>	<b>415</b>
<i>Mohamed Faisal Abdul Hamid</i>	
Presentation .....	415
Comorbidities.....	415
Chest Imaging.....	415
Intervention.....	415
Complications .....	416
Post-Intervention .....	416
Learning Points.....	417
Video.....	417
CONSENT FOR PUBLICATION .....	417
CONFLICT OF INTEREST .....	417
ACKNOWLEDGEMENT .....	417
REFERENCES .....	417
<b>CASE 20 POINT OF CARE THORACIC ULTRASOUND (DIAPHRAGM) IN A POST-COVID-19 PATIENT.....</b>	<b>418</b>
<i>Soo Chun Ian</i>	
Presentation .....	418
Comorbidities.....	418
Chest Imaging.....	418
Intervention.....	419
Complications .....	419
Post-Intervention .....	419
Learning Points.....	425
CONSENT FOR PUBLICATION .....	426
CONFLICT OF INTEREST .....	426
ACKNOWLEDGEMENT .....	426
REFERENCES .....	426
<b>SECTION D PAEDIATRIC INTERVENTIONAL PULMONOLOGY</b>	
<b>CASE 1 FOREIGN BODY REMOVAL (DIFFERENT TECHNIQUES).....</b>	<b>427</b>
<i>Harikishan Gonuguntla and Belgundi Preeti Vidyasagar</i>	
Presentation .....	427
Comorbidities.....	427
Chest Imaging.....	427
Intervention.....	427
Complications .....	428
Post-Intervention .....	428
Learning Points.....	432
Video.....	432
CONSENT FOR PUBLICATION .....	432
CONFLICT OF INTEREST .....	432
ACKNOWLEDGEMENT .....	432
REFERENCE .....	432
<b>CASE 2 RETRIEVAL OF MISSED FOREIGN BODIES IN CHILDREN: THE CRYOEXTRACTION METHOD.....</b>	<b>433</b>
<i>Mohammad Ashkan Moslehi</i>	
Presentation .....	433

Chest Imaging.....	433
Intervention.....	433
Complications.....	434
Post-Intervention.....	434
Learning Points.....	436
CONSENT FOR PUBLICATION.....	437
CONFLICT OF INTEREST.....	437
ACKNOWLEDGEMENT.....	437
REFERENCES.....	437
<b>CASE 3 A FLOWER IN THE LUNG.....</b>	<b>438</b>
<i>Amanil'Ula Hassan, Huda Munirah Ainuddin and Dayang Zuraini Sahadan</i>	
Presentation.....	438
Chest Imaging.....	438
Intervention.....	438
Complications.....	439
Post-Intervention.....	439
Learning Points.....	440
Video.....	441
CONSENT FOR PUBLICATION.....	441
CONFLICT OF INTEREST.....	441
ACKNOWLEDGEMENT.....	441
REFERENCE.....	441
<b>CASE 4 A SUCCESSFUL FOREIGN BODY REMOVAL WITH AN ADVERSE OUTCOME.....</b>	<b>442</b>
<i>Amanil'Ula Hassan, Huda Munirah Ainuddin and Dayang Zuraini Sahadan</i>	
Presentation.....	442
Chest Imaging.....	442
Intervention.....	442
Complications.....	443
Post-Intervention.....	443
Learning Points.....	444
Video.....	445
CONSENT FOR PUBLICATION.....	445
CONFLICT OF INTEREST.....	445
ACKNOWLEDGEMENT.....	445
REFERENCE.....	445
<b>CASE 5 A PLASTIC CAP IN THE LUNG.....</b>	<b>446</b>
<i>Amanil'Ula Hassan, Huda Munirah Ainuddin and Dayang Zuraini Sahadan</i>	
Presentation.....	446
Imaging.....	446
Intervention.....	446
Complications.....	447
Post-Intervention.....	447
Learning Points.....	448
Video.....	448
CONSENT FOR PUBLICATION.....	448
CONFLICT OF INTEREST.....	448
ACKNOWLEDGEMENT.....	448
REFERENCES.....	448
<b>CASE 6 TRANSBRONCHIAL LUNG CRYOBIOPSY IN DPLD.....</b>	<b>449</b>
<i>Tinku Joseph, Sreeraj Nair and Ajit Nambiar</i>	
Presentation.....	449
Comorbidities.....	449
Chest Imaging.....	449
Intervention.....	450
Complications.....	450

<b>Post-Intervention</b> .....	451
<b>Learning Points</b> .....	451
<b>CONSENT FOR PUBLICATION</b> .....	452
<b>CONFLICT OF INTEREST</b> .....	452
<b>ACKNOWLEDGEMENT</b> .....	452
<b>REFERENCE</b> .....	452
<b>CASE 7 A RARE CASE OF "BROWN LUNG INDURATION"</b> .....	453
<i>Tinku Joseph, Sreeraj Nair and Ajit Nambiar</i>	
<b>Presentation</b> .....	453
<b>Comorbidities</b> .....	453
<b>Chest Imaging</b> .....	453
<b>Intervention</b> .....	453
<b>Complications</b> .....	454
<b>Post-Intervention</b> .....	454
<b>Learning Points</b> .....	455
<b>CONSENT FOR PUBLICATION</b> .....	456
<b>CONFLICT OF INTEREST</b> .....	456
<b>ACKNOWLEDGEMENT</b> .....	456
<b>REFERENCE</b> .....	456
<b>CASE 8 BRONCHOSCOPIC AIRWAY STENOSIS REPAIR</b> .....	457
<i>Shuib Khairudin, Khadijah Mohd Nor, Shantini Jaganathan and Saraiza Abu Bakar</i>	
<b>Presentation</b> .....	457
<b>Comorbidities</b> .....	457
<b>Intervention</b> .....	457
<b>Complications</b> .....	458
<b>Post-Intervention</b> .....	458
<b>Learning Points</b> .....	460
<b>Videos</b> .....	461
<b>CONSENT FOR PUBLICATION</b> .....	462
<b>CONFLICT OF INTEREST</b> .....	462
<b>ACKNOWLEDGEMENT</b> .....	462
<b>REFERENCES</b> .....	462
<b>CASE 9 BRONCHOSCOPIC REPAIR OF POST INTUBATION TRACHEAL STENOSIS</b> .....	463
<i>Tinku Joseph and Sathish C. Reddy</i>	
<b>Presentation</b> .....	463
<b>Comorbidities</b> .....	463
<b>Chest Imaging</b> .....	463
<b>Intervention</b> .....	463
<b>Complications</b> .....	464
<b>Post-Intervention</b> .....	464
<b>Learning Points</b> .....	467
<b>CONSENT FOR PUBLICATION</b> .....	468
<b>CONFLICT OF INTEREST</b> .....	469
<b>ACKNOWLEDGEMENT</b> .....	469
<b>REFERENCE</b> .....	469
<b>CASE 10 NEONATE WITH NOISY BREATHING AND CHOKING SPELLS</b> .....	470
<i>Mohammad Ashkan Moslehi</i>	
<b>Presentation</b> .....	470
<b>Comorbidities</b> .....	470
<b>Chest Imaging</b> .....	470
<b>Intervention</b> .....	471
<b>Post-Intervention</b> .....	472
<b>Learning Points</b> .....	473
<b>CONSENT FOR PUBLICATION</b> .....	475
<b>CONFLICT OF INTEREST</b> .....	475
<b>ACKNOWLEDGEMENT</b> .....	475



REFERENCES .....	476
<b>CASE 11 CONGENITAL TRACHEAL STENOSIS AND SUCCESSFUL SLIDE TRACHEOPLASTY</b> .....	477
<i>Amanil'Ula Hassan, Dayang Zuraini Sahadan, Saraiza Abu Bakar, Ani Suraya Abd Ghani, Koh Gee Tiong, Hamdan Leman and Zakaria Zahari</i>	
<b>Presentation</b> .....	477
<b>Chest Imaging</b> .....	477
<b>Intervention</b> .....	477
<b>Complications</b> .....	478
<b>Post-Intervention</b> .....	478
<b>Learning Points</b> .....	481
<b>Video</b> .....	481
<b>CONSENT FOR PUBLICATION</b> .....	481
<b>CONFLICT OF INTEREST</b> .....	481
<b>ACKNOWLEDGEMENT</b> .....	481
<b>REFERENCE</b> .....	481
<b>CASE 12 RECURRENT TRACHEAL STENOSIS AND TRACHEOMALACIA</b> .....	482
<i>Amanil'Ula Hassan, Dayang Zuraini Sahadan, Saraiza Abu Bakar, Ani Suraya Abd Ghani, Koh Gee Tiong and Hamdan Leman</i>	
<b>Presentation</b> .....	482
<b>Chest Imaging</b> .....	483
<b>Intervention</b> .....	483
<b>Complications</b> .....	483
<b>Post-Intervention</b> .....	483
<b>Learning Points</b> .....	485
<b>Videos</b> .....	486
<b>CONSENT FOR PUBLICATION</b> .....	486
<b>CONFLICT OF INTEREST</b> .....	486
<b>ACKNOWLEDGEMENT</b> .....	486
<b>REFERENCE</b> .....	486
<b>CASE 13 TRACHEOBRONCHOMALACIA</b> .....	487
<i>Mohammad Ashkan Moslehi</i>	
<b>Presentation</b> .....	487
<b>Intervention</b> .....	487
<b>Complications</b> .....	488
<b>Post-Intervention</b> .....	488
<b>Learning Points</b> .....	490
<b>CONSENT FOR PUBLICATION</b> .....	491
<b>CONFLICT OF INTEREST</b> .....	491
<b>ACKNOWLEDGEMENT</b> .....	491
<b>REFERENCES</b> .....	491
<b>CASE 14 POST-ADENOVIRUS BRONCHIOLITIS OBLITERANS WITH TRACHEOBRONCHOMALACIA IN A YOUNG CHILD</b> .....	492
<i>Kah Peng Eg and Anna Marie Nathan</i>	
<b>Presentation</b> .....	492
<b>Comorbidities</b> .....	492
<b>Chest Imaging</b> .....	492
<b>Intervention</b> .....	492
<b>Complications</b> .....	493
<b>Post-Intervention</b> .....	493
<b>Learning Points</b> .....	494
<b>Video</b> .....	494
<b>CONSENT FOR PUBLICATION</b> .....	494
<b>CONFLICT OF INTEREST</b> .....	494
<b>ACKNOWLEDGEMENT</b> .....	494
<b>REFERENCE</b> .....	494

<b>CASE 15 LEFT BRONCHOMALACIA SECONDARY TO VASCULAR COMPRESSION</b> .....	495
<i>Dayang Zuraini Sahadan</i>	
<b>Presentation</b> .....	495
<b>Comorbidities</b> .....	495
<b>Chest Imaging</b> .....	495
<b>Intervention</b> .....	496
<b>Complications</b> .....	496
<b>Post-Intervention</b> .....	496
<b>Learning Points</b> .....	498
<b>Videos</b> .....	498
<b>CONSENT FOR PUBLICATION</b> .....	498
<b>CONFLICT OF INTEREST</b> .....	498
<b>ACKNOWLEDGEMENT</b> .....	498
<b>REFERENCES</b> .....	498
<b>CASE 16 CENTRAL AIRWAY OBSTRUCTION</b> .....	499
<i>Tinku Joseph and Sathish C. Reddy</i>	
<b>Presentation</b> .....	499
<b>Comorbidities</b> .....	499
<b>Chest Imaging</b> .....	499
<b>Intervention</b> .....	499
<b>Complications</b> .....	500
<b>Post-Intervention</b> .....	500
<b>Learning Points</b> .....	504
<b>CONSENT FOR PUBLICATION</b> .....	504
<b>CONFLICT OF INTEREST</b> .....	504
<b>ACKNOWLEDGEMENT</b> .....	504
<b>NOTE</b> .....	504
<b>REFERENCE</b> .....	504
<b>SUBJECT INDEX</b> .....	505

## FOREWORD

My friend Jamalul has got a brilliant idea of writing a very original interventional pulmonology (IP) book based on clinical case scenarios. Today, evidence-based medicine and statistics are ruling our daily practice. Thus, each case is unique and each patient, somehow, follows his/her own way regardless of what the theory predicts or commands.

The Asian perspective is also of great importance given the differences in the etiologies compared to other regions of the world. Asia is the leading region in terms of population and the high incidence of certain airway and lung diseases is an amazing source for fundamental and clinical research.

Asia now possesses all the technical expertise to face this medical burden and IP experts, such as Jamalul, play a crucial role in training and spreading the knowledge. Jamalul honors me in calling me his mentor and, through me, he is part of the IP school of Marseille initiated by Jean-François Dumon, the father of interventional pulmonology. I can tell that he is a real member of this school which implies a passion for the art of bronchoscopy and IP procedures, mainly therapeutic bronchoscopy with the rigid bronchoscope.

Upon returning from Marseille, Jamalul pioneered rigid bronchoscopy amongst the pulmonologists in Malaysia. Over the past 14 years, he has dedicated himself to giving rigid bronchoscopy training to many local and overseas pulmonologists.

Tinku Joseph was one of Jamalul's former students who is now doing excellent work and regularly teaching IP fellows. He started the first exclusive IP unit in Kerala state, India which performs basic and advanced bronchoscopic procedures. He is also a recipient of many international and national awards and was the first Indian doctor to win the best overall IP procedure award from the World Association for Bronchology and Interventional Pulmonology (WABIP).

*ii*

Without passion, there is no positive energy in what anyone does. Without sustained motivation, there is no transmission of knowledge to the younger generation. Jamalul and Tinku Joseph have all the necessary passion and motivation to inspire our young colleagues and this book is certainly the cornerstone of this inspiration source.

**Hervé Dutau**

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## PREFACE

Our book primarily focuses on various aspects of Interventional Pulmonology (IP). To ensure an easy learning process, we have included many interesting diagnostic and therapeutic airway and pleural procedure cases. Leading experts in the field of IP from Asia, Canada and the US have contributed various cases.

Over the past 10 years, a lot of diagnostic and therapeutic innovations have taken place, paving the way for a significant boom in IP. The contents of our book have been divided into four different sections with a primary aim of case-based scenarios and solutions.

Section A consists of diagnostic IP procedures like linear and radial EBUS, navigation bronchoscopy, cryo lung biopsies and cone beam CT. We have included newer diagnostic modalities like cellvizio and robotic bronchoscopy as well.

Section B focuses on therapeutic rigid bronchoscopic procedures. Besides airway stenting and laser bronchoscopy, we have included recent interventions such as bronchial thermoplasty, bronchoscopic lung volume reduction, 3D printing and microwave ablation. Section C is dedicated to pleural procedures with the addition of the more recent ones such as indwelling pleural catheter (IPC) and fibrinolytics. Section D is dedicated to common paediatric IP procedures. The purpose of this book is not to provide the principles, theory or evidence of clinical practice of these procedures but to present actual case scenarios. We hope the book will complement the many IP books on the market that already cover the theory, principles and evidence of clinical practice.

Each case is presented with the history, including clinical, radiological, bronchoscopic/pleuroscopic findings and final outcomes. Many of these cases also have video illustrations as well. As a mark of respect to our patients, privacy identifiers have been intentionally omitted in the text and video presentations. Learning points are highlighted at the end of the case presentation.

*iv*

Finally, we thank all the authors and co-authors for their hard work in making sure the work could be completed on time.

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### **Dr. Jamalul Azizi**

I would like to thank my wife Suhani and our son Muhammad Izzat Al-Amin for allowing me to pursue my ambitions. It was not an easy job to complete the work during the COVID-19 pandemic. My gratitude to my mentor Dr. Hervé Dutau for inspiring me in the field of interventional pulmonology by imparting his skills and knowledge. A special thanks to Serdang Hospital where I work and the Malaysian Association for Bronchology and Interventional Pulmonology (MABIP) for their support building the interventional pulmonology subspecialty in Malaysia. Last but not least, my appreciation to Editor, Dr. Tinku Joseph for helping me with this project.

### **Dr. Tinku Joseph**

Having an idea and turning it into a book is as hard as it sounds. To be honest, writing this book was harder than I thought and more rewarding than I could have ever imagined. None of this would have been possible without my supportive wife, Sania. From reading early drafts to giving me advice on the cover to keeping our little munchkin's (Nichelle and Mikhail) out of my hair so I could edit, she was as important to getting this book done as I was. Thank you so much, dear.

I am eternally grateful to my parents, in-laws and brother for being my pillar of support throughout my life. Writing and editing a book, focusing on various aspects of Interventional Pulmonology was a surreal process and I express my sincere thanks to my mentor Dr. Jamalul Azizi for giving me an opportunity to be a part of this book. Also, a special thanks to my colleagues (especially Dr. Sreeraj) at Amrita hospital where I work, and to Mr. Sam who supported us in designing this book. I must thank God and my patients most of all, because without them I wouldn't have been able to do any of this.

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**LIST OF ABBREVIATIONS**

<b>AFB</b>	=	Acid Fast Bacilli
<b>AHI</b>	=	Apnoea Hypopnoea Index
<b>APC</b>	=	Argon Plasma Coagulation
<b>BAL</b>	=	Broncho-Alveolar Lavage
<b>BPF</b>	=	Bronchopleural Fistula
<b>BT</b>	=	Bronchial Thermoplasty
<b>BTVA</b>	=	Bronchoscopic Thermal Vapor Ablation
<b>CAO</b>	=	Central Airway Obstruction
<b>CBCT</b>	=	Cone Beam CT
<b>CECT</b>	=	Contrast-Enhanced Computed Tomography
<b>CHP</b>	=	Chronic Hypersensitivity Pneumonitis
<b>CIS</b>	=	Carcinoma <i>in Situ</i>
<b>CLE</b>	=	Confocal Light Endomicroscopy
<b>COPD</b>	=	Chronic Obstructive Pulmonary Disease
<b>CPAP</b>	=	Continuous Positive Airway Pressure
<b>CRE</b>	=	Controlled Radial Expansion
<b>CT</b>	=	Computed Tomography
<b>CTA</b>	=	Computed Tomography Angiography
<b>CT TAP</b>	=	Computed Tomography Thorax, Abdomen, Pelvis
<b>CXR</b>	=	Chest X-Ray
<b>CTPA</b>	=	CT Pulmonary Angiogram
<b>DLCO</b>	=	Diffusing Capacity for Carbon Monoxide
<b>DLT</b>	=	Double Lumen Tube
<b>DNASE</b>	=	Deoxyribonuclease
<b>DPLD</b>	=	Diffuse Parenchymal Lung Disease
<b>EBUS</b>	=	Endobronchial Ultrasound
<b>ECMO</b>	=	Extracorporeal Membrane Oxygenation
<b>EDAC</b>	=	Excessive Dynamic Airway Collapse
<b>EGFR</b>	=	Epidermal Growth Factor Receptor
<b>ENB</b>	=	Electromagnetic Navigation Bronchoscopy
<b>ES</b>	=	Electrosurgery
<b>EUS-B-FNA</b>	=	Endoscopic Ultrasound With Bronchoscope-Guided Fine Needle Aspiration
<b>EWC</b>	=	Extended Working Channel
<b>EWS</b>	=	Endobronchial Watanabe Spigot

<b>FEV1</b>	=	Forced Expiratory Volume in One Second
<b>FVC</b>	=	Forced Vital Capacity
<b>FB</b>	=	Foreign Body
<b>FNA</b>	=	Fine Needle Aspiration
<b>FOB</b>	=	Fibreoptic Bronchoscopy
<b>GGO</b>	=	Ground Glass Opacity
<b>GS</b>	=	Guide Sheath
<b>HPE</b>	=	Histopathological Examination
<b>HRCT</b>	=	High Resolution Computed Tomography
<b>ICD</b>	=	Intercostal Chest Drain
<b>IHC</b>	=	Immunohistochemistry
<b>ILD</b>	=	Interstitial Lung Disease
<b>IPC</b>	=	Indwelling Pleural Catheter
<b>LB1 + 2</b>	=	Left Upper Lobe Apicoposterior Segment
<b>LB3</b>	=	Left Upper Lobe Anterior Segment
<b>LB9</b>	=	Left Lower Lobe Lateral Basal Segment
<b>LUL</b>	=	Left Upper Lobe
<b>LLL</b>	=	Left Lower Lobe
<b>MMRC</b>	=	Modified Medical Research Council
<b>MPE</b>	=	Malignant Pleural Effusion
<b>MRI</b>	=	Magnetic Resonance Imaging
<b>OR</b>	=	Operating Room
<b>OSA</b>	=	Obstructive Sleep Apnoea
<b>PA</b>	=	Pulmonary Artery
<b>PAP</b>	=	Pulmonary Alveolar Proteinosis
<b>PCR</b>	=	Polymerase Chain Reaction
<b>PDT</b>	=	Photodynamic Therapy
<b>PEEP</b>	=	Positive End Expiratory Pressure
<b>PET</b>	=	Positron Emission Tomography
<b>POCUS</b>	=	Point of Care Ultrasound
<b>RB1</b>	=	Right Upper Lobe Apical Segment
<b>RB2</b>	=	Right Upper Lobe Posterior Subsegment
<b>RB3</b>	=	Right Upper Lobe Anterior Subsegment

<b>RB7</b>	=	Right Lower Lobe Medial Basal Segment
<b>RB9</b>	=	Right Lower Lobe Lateral Basal Segment
<b>RB10</b>	=	Right Lower Lobe Posterior Basal Segment
<b>rEBUS</b>	=	Radial Endobronchial Ultrasound
<b>RLL</b>	=	Right Lower Lobe
<b>ROSE</b>	=	Rapid On-Site Evaluation
<b>RUL</b>	=	Right Upper Lobe
<b>SBRT</b>	=	Stereotactic Body Radiotherapy
<b>SPN</b>	=	Solitary Pulmonary Nodule
<b>SUV<sub>MAX</sub></b>	=	Maximum Standardized Uptake Value
<b>SVC</b>	=	Superior Vena Cava
<b>TB</b>	=	Tuberculosis
<b>TBB</b>	=	Transbronchial Biopsy
<b>TBLC</b>	=	Transbronchial Lung Cryobiopsy
<b>TBM</b>	=	Tracheobronchomalacia
<b>TBNA</b>	=	Transbronchial Needle Aspiration
<b>TKI</b>	=	Tyrosine Kinase Inhibitor
<b>TSTB</b>	=	Tracheobronchial Stenosis Secondary to Endobronchial Tuberculosis
<b>USG</b>	=	Ultrasonography
<b>VATS</b>	=	Video-Assisted Thoracoscopic Surgery
<b>V-V ECMO</b>	=	Veno-Venous ECMO
<b>WLL</b>	=	Whole Lung Lavage
<b>YAP</b>	=	Yttrium Aluminium Perovskite

**Section A**  
**Diagnostic Interventional**  
**Pulmonology**

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## **Linear EBUS**

### **Not So Black and White - Principles of Staging Assessment in Non-Small Cell Lung Cancer *via* EBUS**

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**Keywords:** Lung cancer, Mediastinal staging, Mediastinal lymphadenopathy, EBUS, Rapid on-site cytologic examination (ROSE).

#### **Presentation**

A 76-year-old woman presents with cough and dyspnea for 2 months. No constitutional symptoms or family history of malignancy.

#### **Comorbidities**

Active smoker of 40 pack-years, hypertension.

#### **Chest Imaging**

CXR showed a rounded retrocardiac opacity (Fig. 1). Chest computed tomography (CT) revealed enlarged left hilar, left lower paratracheal, subcarinal and right paratracheal lymph nodes (Figs. 2a-c). There was a 7.2cm heterogeneous mass in the left lower lobe (Fig. 2d). There were no other significant CT findings.

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**Section B**

**Therapeutic Interventional  
Pulmonology**

## Benign Central Airway Obstruction

### Central Airway Obstruction due to Cryptococcus Neoformans

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**Keywords:** Benign tracheal mass, Cryptococcus neoformans, Interventional bronchoscopy, Central airway obstruction, Mechanical debulking.

### Presentation

A 47-year-old lady, presented with recurrent intermittent haemoptysis over 3 months. She denied weight loss or febrile episodes.

### Comorbidities

None.

### Chest Imaging

CT-thorax showed a lobulated lower tracheal mass on the right lateral wall, right upper lobe nodule and mediastinal lymphadenopathy (Figs. **1a** and **b**).

She had CT guided biopsy of the right upper lobe nodule and the histopathological examination was consistent with non-specific inflammatory process and negative for AFB.

Initial flexible bronchoscopy showed lower tracheal mass with increased vascularity.

### Intervention

Rigid bronchoscopy showed an intraluminal broad-based mass arising from the lateral wall of the distal end of trachea extending 2.0cm inferiorly till the right upper

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**Section C**  
**Pleural Procedures**

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## Pleuroscopy

### Pleuroscopy: A Step by Step Approach

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**Keywords:** Complications, Contra-indications, Indication, Pleuroscopy, Steps.

Pleuroscopy (sometimes referred to as medical thoracoscopy) is a procedure performed to examine the pleura and obtain biopsies from the parietal pleura by introducing an endoscope into the pleural cavity under direct vision [1]. It is also used to perform therapeutic interventions within the pleural cavity [2].

### Indications

#### Diagnostic

- Undiagnosed pleural effusions.
- Suspected malignant effusions: for biopsy, staging and additional tests to identify driver mutations.
- To obtain biopsies for MTB culture and histology in tuberculous pleural effusions.

#### Therapeutic

- Pleurodesis (talc poudrage).
- Drainage and mechanical adhesiolysis in complex parapneumonic effusions and empyema.

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**Section D**  
**Paediatric Interventional  
Pulmonology**

## Foreign Body Removal (Different Techniques)

### Peanut in the Airway- A Hard Nut to Crack?

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**Keywords:** Bronchoscope, Basket, Emergency, Foreign body, Stridor.

### Presentation

A 2-year-old child was rushed to the emergency room with complaints of sudden onset of cough after a witnessed episode of peanut ingestion. No stridor or cyanosis was noted at presentation. His resting room air oxygen saturation was 98%. Clinical examination showed bilateral conducted sounds on auscultation.

### Comorbidities

None.

### Chest Imaging

Plain CXR demonstrated bilateral parenchymal infiltration (Fig. 1).

### Intervention

Diagnostic bronchoscopy (BF 190, Olympus Medical, Tokyo, Japan) was performed under general anaesthesia using a supraglottic device. The foreign body was localised to RB10 (Postero-basal segment of the right lower lobe) (Figs. 2a and b).

A 4mm Fogarty embolectomy catheter (Edward Lifesciences, USA) (Fig. 3) was passed through the working channel of the bronchoscope and was placed distal to the foreign body and inflated (Fig. 4). Pus was noted oozing from the side of the

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## SUBJECT INDEX

### A

Abnormalities 45, 150, 473  
 congenital cardiovascular 473  
 Achalasia 473, 474, 475  
 cardiac 474  
 esophageal 473, 474  
 Adenocarcinoma 9, 20, 33, 40, 52, 63, 68, 80,  
 81, 257, 382  
 Adenocystic carcinoma 249  
 Adhesiolysis 73, 331, 334  
 Airway 44, 230, 235, 240, 251, 474, 475, 487,  
 490  
 compression 474, 475  
 CT 251  
 malacia 487, 490  
 mapping 44  
 reconstruction software 230, 235  
 stent, pneumatic 240  
 Airway stenting 194, 198, 202, 208, 211, 213,  
 214, 221, 225, 227, 231, 233, 237  
 in malignant conditions 211  
 palliative 208  
 Allergic 113, 272, 275, 278  
 bronchopulmonary aspergillosis 275  
 rhinitis 113, 272, 278  
 Alveolar microlithiasis 451  
 pulmonary 451  
 Anaesthesia 7, 13, 35, 39, 146, 222, 290, 311  
 total intravenous 7, 13, 35, 39, 146, 222, 311  
 Anaplastic 46, 50, 53, 208, 379, 382  
 carcinoma thyroid 208  
 lymphoma kinase (ALK) 46, 50, 53, 379,  
 382  
 Anti-TB treatment 156, 158, 292  
 Apnea, sleep 490  
 Arytenoepiglottis 490  
 Arytenoiditis 471  
 Aspergilloma 296  
 Asthma 25, 140, 242, 244, 266, 267, 269, 272,  
 274, 275, 276, 311, 315, 436  
 adult-onset 140

control 267  
 medications 272, 436  
 symptoms 267  
 Atelectasis 85, 88, 90, 99, 276, 436

### B

Bacterial infections 117, 289  
 Biopsies, bronchoscopic 51, 125, 169  
 Bone, metastatic 387  
 Breast cancer 387, 390  
 Bronchial 156, 173, 174, 266, 269, 286, 499  
 artery embolization (BAE) 173, 174  
 asthma 156, 499  
 thermoplasty system 266, 269  
 washing 286  
 Bronchiectasis 109, 113, 114, 150, 272, 311,  
 436  
 traction 109, 113, 114, 150  
 Bronchiolitis 110, 111, 433, 436  
 Bronchoscopic 102, 225, 286, 287, 289  
 lung biopsy 102  
 technique 225  
 thermal vapour ablation (BTVA) 286, 287,  
 289  
 Bronchospasm 49, 51, 274, 276, 301, 309,  
 418, 436

### C

Camphor factories 113  
 Carcinoma 160, 168, 387, 388  
 infiltrating ductal 387, 388  
 mucoepidermoid 160, 168  
 Cartilages, arytenoid 457, 463  
 Catheter 85, 86, 93, 95, 96, 97, 174, 273, 276,  
 277, 281, 286, 290, 329, 382, 385  
 robotic 85, 86, 95  
 suction 174  
 thermoplasty 273, 276  
 Cerebral palsy 443  
 Cervical dysplasia 84

Chemoradiotherapy 50  
Chemotherapy 77, 190, 191, 196, 382, 386  
  adjuvant 77  
  cisplatin-based 382  
Chest 236, 310, 320, 365, 440, 495  
  pain 236, 365  
  physiotherapy 320, 495  
  radiograph 310, 440  
Chronic obstructive pulmonary disease  
  (COPD) 49, 63, 68, 84, 207, 213, 278,  
  282, 285, 300, 302  
Computed tomography (CT) 1, 19, 67, 80, 83,  
  84, 173, 175, 231, 233, 263, 264, 495,  
  497  
Confocal 104, 105  
  fiber 105  
  microscopy 104  
Congenital tracheal stenosis 481  
Coronal CT thorax 15, 50, 53, 56, 301, 309,  
  394, 399, 408, 409, 412  
Corticosteroids, oral 151, 266, 267, 305, 454  
Cough 160, 227, 418, 475  
  non-resolving 418  
  persistent 227, 475  
  prolonged 160  
COVID-19 infection 150, 311, 419, 420  
Cryoadhesion technique 500

## D

Diabetes mellitus 39, 113, 116, 129, 200, 207,  
  278, 292  
Diffuse 130, 221, 315, 318, 451  
  large B cell lymphoma (DLBCL) 221  
  papillomatosis 130  
  parenchymal lung diseases 315, 318, 451  
Discomfort, respiratory 490  
Disease 49, 84, 102, 104, 116, 129, 131, 154,  
  161, 208, 219, 233, 236, 237, 282, 285,  
  397, 419, 433, 468, 470, 473, 490  
  cerebrovascular 129  
  chronic obstructive pulmonary 49, 84, 102,  
  282, 285  
  congenital heart 490  
  coronary artery 116  
  gastroesophageal reflux 154, 468, 470  
  multifocal airway 233  
  parenchymal 419  
  reactive airway 433  
Disorders 154, 236, 318, 462, 468, 490

  autoimmune 154, 236, 468  
  chronic respiratory 426  
  congenital heart 490  
  haematological 318  
Dynamic thoracic pressures 490  
Dyslipidemia 13, 116, 340  
Dysphagia 23, 249, 473

## E

Echocardiography 475, 487, 489, 495  
Endobronchial 136, 211, 247, 256  
  photodynamic therapy 247, 256  
  tumour 136, 211  
Endomicroscopy 99, 102  
Eosinophilic 134, 176, 178, 273, 275  
  cytoplasm 134, 176, 178  
  granulomatosis 273, 275  
Eosinophils 114  
Epidermal growth factor receptor (EGFR) 26,  
  40, 46, 50, 379, 382, 392, 395, 396  
Epiglottis 471, 475, 487, 490  
Esophagotomy 474

## F

Failure, renal 39, 215  
Fever 180, 190, 356, 365, 387, 392, 397, 406,  
  411, 418, 419  
Fiberoptic bronchoscope 313, 316, 325  
  flexible 313, 325  
Fibrosis 102, 117  
  pulmonary 102  
Fistulas, tracheoesophageal 215, 470, 490  
Flexible bronchoscope 140, 141, 143, 144,  
  147, 148, 200, 204, 208, 211, 287, 442,  
  450  
  therapeutic 147, 148, 287  
Flexible fiberoptic bronchoscopy (FFB) 433,  
  434, 436, 437, 438, 487  
Fluoroscopy 40, 70, 74, 208  
  real-time 70, 74  
Focal 85, 129  
  intrapulmonary lesions 129  
  mitotic activity 85  
Forceps biopsies 39, 42, 76, 85, 95, 96, 102,  
  349  
  transbronchial 85



**G**

Granulomatous inflammation 122, 342, 406, 373  
 chronic 122, 342, 406

**H**

Haemoptysis 39, 125, 136, 137, 164, 168, 174, 180, 221, 289, 310, 453  
 massive life-threatening 174  
 Haemorrhage 176  
 Haemosiderosis 453  
 Haemostasis 122, 123, 157, 159, 164, 169, 173, 176, 312, 450, 500  
 post-procedural 450  
 securing 123  
 Hashimoto thyroiditis 207  
 Heart failure 477  
 Hemoptysis 25, 308, 345, 356  
 Histoplasmosis 122  
 HPV-related squamous cell carcinoma 87  
 Hyperinflated lungs 23  
 Hyperinflation 278, 289, 300, 301, 425, 498  
 Hyperlipidaemia 27  
 Hypermetabolic activity 45  
 Hyponatremia 23  
 Hypothyroidism 150  
 Hypoxaemia 28, 329  
 Hypoxemic respiratory failure (HRF) 418

**I**

Infection 418, 473  
 nosocomial 418  
 pulmonary 473  
 Inflammatory 236, 287  
 lung pseudotumor 236  
 reaction 287  
 Influenza vaccinations 285  
 Inhaler technique 275  
 Interstitial 80, 111, 113, 115, 116, 119, 236, 418, 449, 453, 454, 455, 456  
 fibrosis 113  
 lung disease (ILD) 80, 111, 115, 116, 418, 449, 453, 454, 456  
 pneumonias 116, 119, 236, 455  
 Intraluminal 35, 37, 40, 132, 156, 164  
 lesion 35, 37, 40

mass 132, 156, 164

Intra-operative CT scan 69

Ion robotic navigation system 92

**L**

Laryngeal mask airway (LMA) 7, 12, 13, 14, 18  
 Laryngoscopy 489  
 Lateral basal airway 81  
 Lesion 8, 14, 32, 68, 69, 72, 85, 86, 87, 90, 91, 95, 96, 122, 130, 132, 156, 157, 169, 250, 336, 482, 500  
 cardiac 482  
 liver 336  
 lobulated 122, 156, 157  
 Lipoid pneumonia 116  
 Lobectomy 176, 262  
 Luminal stenosis 20  
 Lung 1, 5, 7, 11, 26, 38, 42, 64, 72, 76, 80, 84, 90, 95, 99, 102, 104, 116, 137, 233, 236, 257, 260, 262, 280, 284, 350, 392, 396, 449, 450, 453, 456  
 adenocarcinoma 26, 64, 262, 392, 396  
 biopsy 392, 449, 450  
 cancer 1, 5, 7, 11, 38, 42, 76, 80, 84, 90, 95, 257, 262  
 cryobiopsy 116, 450, 453, 456  
 disease 102, 233, 236  
 fibrosis 99  
 malignancy 104, 137, 260, 350  
 metastasis 72, 84  
 volume reduction surgery (LVRS) 280, 284  
 Lung function 262, 276, 284, 301, 317  
 baseline 276  
 inadequate 262  
 Lung lesions 67, 70, 90, 105, 107, 108, 257, 262  
 bilateral 90  
 Lymphadenopathy 76, 221, 356, 358, 387, 396  
 abdominal 387  
 cervical 396  
 hilar 356, 358  
 subaortic 76  
 Lymphangitis carcinomatosa 116  
 Lymphocytes 114, 370, 371  
 Lymphocytic infiltrates 375  
 Lymphoma 190

**M**

Malignancy, laryngeal 154, 468  
 Malignant 52, 53, 54, 349, 378, 379, 382, 383, 385, 390, 395  
   mesothelioma 349  
   pleural effusion (MPE) 52, 53, 54, 378, 379, 382, 383, 385, 390, 395  
 Mechanical ventilation 172, 173, 214  
 Mediastinoscopy 62  
 Mesothelioma 330  
 Metallic stent 194, 198, 249, 250  
 Metastases 28, 54, 63, 165, 336, 387  
   dry pleural 63  
   multiple brain 28  
 Metastatic 23, 46, 73, 104, 107, 216, 337  
   adenocarcinoma 216, 337  
   disease 46, 104, 107  
   leiomyosarcoma 73  
   lesions 23  
 Methacholine bronchoprovocation 275  
 Mitomycin 141, 146, 148, 150, 151, 202, 463, 464  
 Mucormycosis 136, 139  
 Mucosa 8, 100, 217, 219, 234, 309, 460, 488, 489  
   abnormal 217, 219  
   arytenoid 460, 488, 489  
   tracheobronchial 234  
 Mucosal infiltration 217  
 Mucostasis 228, 235, 237  
 Mucus 81, 272  
   plugging 272  
   thick fibropurulent 81  
 Multi-detector computed tomography (MDCT) 463  
 Mycobacterium tuberculosis 36, 332, 341, 367, 371

**N**

Nasal polyposis 272  
 Necrosis 18, 19, 37, 154, 176, 342, 468  
   coagulation 18  
   pressure 154, 468  
 Necrotic tissue 35  
 Neutrophilcytoplasmic antibodies 273  
 Nodal metastasis 21, 96  
 Node 2, 11, 14

enlarged 2, 11  
 hilar 14  
 Nosocomial pneumonia 397, 401

**O**

Oxygen 65, 239, 300, 315, 325, 326, 345, 375, 379, 382, 401, 406  
   saturation 65, 239, 300, 315, 326, 345, 375, 379, 382, 401, 406  
   therapy 325

**P**

Paediatric cryobiopsy 449  
 PCR assay 36  
 Plethysmography 286  
 Pleural 332, 343, 345, 350, 351, 354, 370, 374, 379, 382, 383, 392, 393, 396, 397, 401, 411, 412  
   diseases 354  
   effusion 343, 345, 350, 351, 370, 374, 379, 382, 383, 392, 393, 396, 397, 411, 412  
   fluid culture 401  
   TB 332, 343  
 Pleurodesis 298, 324, 325, 375, 382  
 Pneumonia 113, 114, 449, 492  
   adenovirus 492  
   eosinophilic 113, 114  
   viral 449  
 Pneumonitis 101, 102, 109, 110  
   chronic hypersensitivity 109, 110  
 Polyangiitis 273, 275  
 Polymerase chain reaction (PCR) 371  
 Positron-emission tomography (PET) 35, 55, 76, 104  
 Post 143, 154, 207, 486  
   COVID-19 lung fibrosis 207  
   radiation therapy 154  
   tracheoplasty 486  
   tuberculosis lung disease 143  
 Pre-intrapleural fibrinolysis 403, 409  
 Procedure, thermoplasty 274  
 Progressive cough 52, 55  
*Pseudomonas aeruginosa* 289  
 Pulmonary 116, 173, 175, 275, 285, 286, 288, 289, 325, 418, 425, 426, 453, 454, 456, 495, 497  
   angiography 173, 175, 495, 497

arterial hypertension (PAH) 325, 453, 456  
function test 116, 275, 285, 286, 288, 289  
haemosiderosis 454  
rehabilitation 285, 289, 418, 425, 426  
Pyopneumothorax 180, 181

**R**

Radial EBUS cryobiopsy 195  
Radiation therapy 77, 84  
Radiofrequency energy 272, 275  
Radiotherapy 56, 68, 156, 161, 196  
Real time 57, 108  
    biopsy 57  
    imaging 108  
Respiratory 131, 190, 191, 204, 257, 269, 285,  
    287, 415, 418, 436, 438, 446, 470, 477,  
    478, 483, 487, 490, 499  
    distress 436, 438, 446, 470, 477, 483, 487  
    failure 131, 190, 191, 204, 257, 269, 285,  
    287, 499  
    infections 418, 478, 490  
    tract infections 415  
Restenosis 151  
Retrocardiac 25, 28, 30, 31  
    lesion 28, 30, 31  
Rhinosporidiosis 125  
Rifampin 105  
Robot-assisted bronchoscopy (RAB) 78  
Robotic navigation bronchoscopy 90, 95

**S**

Self-expanding metallic stent (SEMS) 207,  
    208, 211, 212, 222, 224, 225, 242  
Silicone stent 191, 194, 195, 198, 200, 201,  
    203, 228, 229, 237  
Smoker 1, 13, 35, 49, 55, 63, 80, 90, 101, 104,  
    156, 172, 213, 245, 249, 254, 345, 406  
    active 1, 13, 35, 49, 90, 172  
    chronic 213, 406  
Smoking history 23, 335, 418  
Snoring 238, 239  
Sonographic air bronchograms 413  
Squamous 3, 14, 55, 77, 78, 85, 87, 91, 96,  
    245  
    cell carcinoma 3, 14, 55, 77, 78, 85, 91, 96,  
    245  
    metaplasia 87

Stenosis 211, 473  
    esophageal 473  
    malignant 211  
Stent 191, 193, 196, 198, 230, 242  
    expanded 191, 193, 196, 198  
    expanding metal 242  
    fitting silicone tube 230  
Stent placement 154, 229, 468  
    tubular 229  
Streptokinase 387  
Suction, thoracic 332  
Surgery 74, 280, 284, 474  
    laparoscopic 474  
    lung volume reduction 280, 284  
    thoroscopic 74  
Surgical 109, 111, 115, 119, 456, 474  
    lung biopsy 109, 111, 115, 119, 456  
    myotomy 474  
Surveillance bronchoscopy 147, 151, 186,  
    246, 255, 305, 464  
Sympathectomy 185  
Symptom(s) 19, 104, 202, 473  
    post-endoscopic intervention 202  
    pulmonary 104, 473  
    respiratory 19  
Systemic lupus erythematosus (SLE) 375

**T**

Therapeutic 214, 221, 331  
    bronchoscopy 214, 221  
    pleuroscopy 331  
Therapy 146, 180, 231, 285, 318, 402, 407  
    antimicrobial 180  
    combination bronchodilator 285  
    intensive anti-TB 146  
Thin flexible bronchoscopes 432  
Thoracentesis 335, 340, 375, 406  
Thoracoscope 351, 357, 363, 369  
    flexi-rigid 363, 369  
Thoracoscopy 185, 361, 365, 366, 370, 374  
Thoracotomy 310  
Thrombosis 217  
Thyroid transcription factor 3  
TKI therapy 40  
Tracheal 122, 129, 132, 185, 187, 188, 213,  
    214, 249, 485  
    laceration 188  
    lesion 122  
    mass 132, 213, 214

- papillomatosis 129
- restenosis 485
- tear 185, 187, 188
- tumor 249
- Tracheo-bronchial 127, 131
  - papillomatosis 131
  - rhinosporidiosis 127
- Tracheoscopy 483
- Tracheostomy 443, 460, 491
- Transbronchial biopsy 36, 107
- Transesophageal endobronchial ultrasound 23
- Transthoracic echocardiogram 285
- Trucut biopsy 63, 64
- Tuberculosis 143, 146, 292, 340, 406
- Tumor 66, 76, 81, 132, 158, 245, 247, 250, 254
  - necrotic 247

## **U**

- Ultrasonography 49, 59, 411

## **V**

- Vaginal carcinoma 84
- Ventilation, non-invasive 287, 401, 426
- Ventilator 424, 500
  - non-invasive 424
- Ventricular septal defect (VSD) 477

## **Z**

- Ziehl-Neelson stain 105



**Jamalul Azizi Abdul Rahaman**

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Dr. Jamalul Azizi graduated from the Royal College of Surgeons in Ireland and received training in pulmonary medicine and interventional pulmonology (IP) in Malaysia, Western Australia, France and the USA. Dr. Jamalul Azizi has published in many peer-reviewed journals and serves on the editorial board of The Interventionalist Journal (TIJ). He organised the first interventional bronchoscopy course in Malaysia in 2007 and established the Malaysian Association for Bronchology and Interventional Pulmonology (MABIP) in 2013 of which he is the current Chair. He is a regular speaker on IP in India, Indonesia, Thailand and Japan and has trained IP fellows from India, Indonesia, USA and UK. He is a reviewer for Respirology, Respirology Case Report journal and American Journal of Respiratory and Critical Care Medicine. Dr. Jamalul Azizi's main areas of interest are rigid bronchoscopy and pulmonary physiology. His passion lies in the dissemination of knowledge and skills to developing countries.



**Tinku Joseph**

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Dr. Tinku Joseph is currently working as professor & Head of Interventional Pulmonology at Amrita Institute of Medical Sciences, Kochi, Kerala, India. He is the founder of Amrita Bronchology and Interventional Pulmonology (ABIP), which started India's first exclusive advanced Interventional pulmonology fellowship program. Under the banner of ABIP, Dr. Joseph has trained many pulmonologists from different parts of the world in managing various complex airway and pleural disorders. His notable achievements are: performing the world's first lung cryobiopsy procedure in an infant to diagnose the etiology of DPLD. First in India to do bronchial stenosis repair in newborn babies using a biodegradable stent and he was also a part of the team which performed India's first autologous Tracheal transplant surgery. Dr. Tinku Joseph is a recipient of many International & National awards in the field of Pulmonary Medicine and is well known in the community for his humble nature & excellent communication skills.